



ZOUKI
COVID SAFE
CATERING MENU
2020/21

INDIVIDUALLY PACKAGED MENU
OPTIONS DESIGNED FOR
SAFE SOCIAL DISTANCING

ABOUT ZOUKI

At Zouki we pride ourselves on offering the very best for our customers.

We have over 25 years in the catering & hospitality industry, offering standards in food quality & presentation shared by very few of our competitors.

Passionate & professional, we create our point of difference by refusing to compromise our priorities of excellence, generosity & freshness whilst keeping our prices amongst the most affordable in the market.

Our dedicated catering staff will take care of you from order through to delivery, making your next catering experience hassle free.

OUR COVID SAFE MENU

Our catering team are responding to the current COVID 19 health crisis and have adapted in these ever changing times.

We understand the need for individually packaged meals for safe social distancing and that's why we have created this menu. All items/packages are separated for individual consumption so you can continue to eat healthy & nutritious meals in a safe manner.

We hope you stay happy, healthy & safe,

The Zouki Catering Team

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MORNING & AFTERNOON TEA

MINIMUM ORDER 10 PER SELECTION

BOXED SWEET TREATS

\$9.00 (per person)

- Mini Muffin ●
- Mini Danish Pastry ●
- Mini Donut ●

BOXED ENERGY BOOST

\$10.90 (per person)

- Savoury Filled Mini Baguette ●● (dependant on selection)
- Protein Ball ●
- Piece of Fruit ●

BOXED NUTRITIOUS

\$11.50 (per person)

- Low-Fat Muffin OR Slice ●● (dependant on selection)
- Individual Fresh Fruit Salad ●

BOXED DELIGHT

\$11.50 (per person)

- Mini Low-Fat Mixed Fruit Yoghurt ●
- Mini Savoury Filled Wrap ●● (dependant on selection)

BOXED INDULGENCE

\$13.50 (per person)

- Savoury Filled Mini Baguette ●● (dependant on selection)
- Mini Muffin ●
- Piece of Fruit ●
- Individual 600ml Bottled Water ●

BOXED PICK ME UP

\$13.50 (per person)

- Mini Savoury Filled Gourmet Bagel ●● (dependant on selection)
- Gourmet Mini Cookie ●
- Piece of Fruit ●
- Individual 600ml Bottled Water ●

INDIVIDUAL SALADS

MINIMUM ORDER 10 PER SELECTION

- Chicken & Avocado Pasta ● \$13.90 (per person)
- Chicken Quinoa *df/gf* ●
- Chickpea Yoghurt *veg/gf* ●
- Falafel *v/gf* ●
- Fattoush *v* ●
- Five Bean *v/gf* ●
- Greek *veg/gf* ●
- Moroccan Chickpea *v/gf* ●
- Moroccan Cous-Cous *veg* ●
- Lentil *v* ●
- Quinoa & Roast Vegetable *v/gf* ●
- Roasted Potatoes & Green Bean *veg/gf* ●
- Sweet Potato, Beetroot & Fetta *veg/gf* ●
- Tandoori Chicken *gf* ●
- Thai Beef with Hokkien Noodle ●
- Thai Chicken ●
- Tofu & Vegetable *v* ●
- Tuna Pasta & Avocado ●

- | | |
|---|--------------------------|
| ● | <i>Best Choice</i> |
| ● | <i>Eat in Moderation</i> |
| ● | <i>Limit Intake</i> |



LUNCH BOXES

MINIMUM ORDER 10 PER SELECTION

THE BASICS LUNCH BOX

\$14.00 (per person)

- Gourmet Sandwich ●● (dependant on selection)
- Piece of Fruit ●
- Bottled Water (600ml) ●

HEALTHY LUNCH BOX

\$16.50 (per person)

- 4 Point Sandwich ●● (dependant on selection)
- Greek ● OR Garden ● Side Salad
- Individual Fresh Juice (330ml) ● / Water (600ml) ●

GREEK LUNCH BOX

\$17.00 (per person)

- Mini Antipasto Selection ●● (dependant on selection)
- Greek Side Salad ●
- Mini Sweet Slice ●
- Individual Fresh Juice (330ml) ● / Water (600ml) ●

SUBSTANCIAL LUNCH BOX

\$18.50 (per person)

- Gourmet Wrap ●● (dependant on selection)
- Mini Sweet Slice ●
- Piece of Fruit ●
- Individual Fresh Juice (330ml) ● / Water (600ml) ●

ASIAN LUNCH BOX

\$21.00 (per person)

- Asian Salad (Choose from: Vegetarian ● , Chicken ● OR Beef ●)
- Sushi Roll ●
- Vietnamese Rice Paper Roll ●
- Piece of Fruit ●
- Individual Fresh Juice (330ml) ● / Water (600ml) ●

ASIAN NOODLE BOXES

MINIMUM ORDER 10 PER SELECTION

- Black Bean Beef** with Fried Rice ● \$12.50 per person
- Mixed Asian Greens** with Hokkien Noodles & Hoisin Sauce **veg** ● \$11.90 per person
- Sweet Chilli Tofu** with Noodles & Asian Greens **veg** ● \$11.90 per person
- Pepper Beef** with Singapore Noodles ● \$12.50 per person
- Salt & Pepper Calamari** with Crispy Fried Noodles ● \$12.50 per person
- Satay Chicken** with Peanut Satay Sauce & Steamed Rice ● \$12.50 per person
- Prawns & Chicken** with Singapore Noodles ● \$13.50 per person
- Teriyaki Chicken** with Fried Rice & Asian Greens ● \$12.50 per person

SOUP OF THE DAY

MINIMUM ORDER 5 PER SELECTION

- Organic Soups** Made in House \$9.90
Served with Crusty Bread ●●● (dependant on selection)
(please enquire for daily flavours) **veg available on request**



HOT MEALS - INDIVIDUALLY PORTIONED

MINIMUM ORDER 15 PER SELECTION

MEDITERRANEAN CUISINE

\$15.90 per person

- Beef Lasagne ●
- Cajun Fish & Steamed Rice ●
- Chicken Cacciatore ●
- Chicken Scaloppini with Mushroom Sauce **gf/nf** ●
- Lemon Chicken & Steamed Rice **df** ●
- Peri-Peri Chicken & Steamed Rice **gf/nf** ●
- Spinach & Ricotta Lasagne **veg** ●
- Beef Stroganoff & Steamed Rice **nf** ●
- Tuna Pasta Bake ●

INDIAN CUISINE

\$15.90 per person

- Beef Vindaloo & Steamed Rice **df/gf** ●
- Butter Chicken & Steamed Rice **gf/nf** ●
- Chickpea & Potato Marsala with Steamed Rice **v/gf/nf** ●
- Goan Fish Curry & Steamed Rice **gf/nf** ●
- Lamb Madras & Steamed Rice **df/gf/nf** ●
- Tandoori Chicken & Saffron Rice served with Mint Riata **gf** ●
- Tofu Mixed Dhal Masala & Steamed Rice **v/gf/nf** ●

ASIAN CUISINE

\$15.90 per person

- Chicken Teriyaki & Steamed Rice **df/nf** ●
- Chilli Basil Beef & Green Beans with Fried Rice ●
- Stir-Fry Beef with Black Bean Sauce & Steamed Rice **df** ●
- Sweet & Sour Crispy Chicken & Steamed Rice **df/nf** ●
- Tempura Fish with Sweet Chilli Sauce & Steamed Rice **df/nf** ●
- Thai Calamari & Steamed Rice **nf** ●
- Thai Green Curry Chicken & Steamed Rice **df/gf/nf** ●

INDIVIDUAL DRINKS

| | |
|--|---------------|
| Assorted Soft Drink can 375ml | <i>\$2.70</i> |
| Bottled Water 600ml | <i>\$3.50</i> |
| Sparkling Mineral Water 375ml | <i>\$4.00</i> |
| Assorted Soft Drink 600ml | <i>\$4.50</i> |
| Emma & Toms Assorted Pressed Juice 350ml | <i>\$4.90</i> |
| Assorted Organic Juices 330ml - Apple/Orange | <i>\$5.50</i> |
| Emma & Toms Assorted Quenchers 450ml | <i>\$5.50</i> |
| Organic Kombucha 330ml - Assorted Flavours | <i>\$5.50</i> |



DIETARY & HEALTHY CHOICE GUIDES

HEALTHY CHOICES CLASSIFICATIONS



Best Choice



Eat in Moderation



Limit Intake



DIETARIES

dairy free **df** / vegetarian **veg** / vegan **v** /
gluten free **gf** / nut free **nf** / soy free **sf**



TERMS & CONDITIONS

All prices include applicable GST charges and refer to drop-off only,
Please enquire within for applicable delivery fees.

Prices may vary on some items quoted herein depending on market value.

All prices are correct at time of publication quoted on current costs, these
may vary at any time due to seasonal or supplier shortages.

Zouki reserves the right to alter and adapt the menus and services
described herein.

Allergen Statement

The Zouki Group of Companies endeavours to meet all nominated allergen
requirements, however it must be noted that we do not claim to
manufacture in an allergen free environment. Therefore, menu items may
contain traces of Wheat, Eggs, Peanuts, Tree Nuts, Dairy, Lapins,
Crustaceans, Sesame Seeds, Fish or Soy.

NOTE: If you have any reason for concern please contact us prior to
ordering.

Order Placement

The desired notice period for catering orders is 3 days prior to the event or
meeting, however orders can be placed up until 2:00pm the previous
working day (depending on size and requirements).

Order Amendments

We will always try to accommodate changes in catering numbers.

Cancellation Policy

Charges will apply when costs have been incurred regarding food, labour or
other services.

*For our full list of our terms and conditions please contact our head office
on +61 3 9320 9666 or catering@zouki.com.au



Zouki

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