

SEWING STUDIO

FABRIC SUPERSTORE



Class: The Fashionable Figure: Regency Stays

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Your Bridgerton or Jane Austen look starts here! In this two-day, hands-on workshop, you will create your own set of “short stays”, the Regency version of a corset. You will be personally fitted by Regency expert Jennie Chancey of Sense & Sensibility Patterns, and guided through construction by Jennie and

experienced corset-making instructor Audrey Russell. Your workshop includes the Sense & Sensibility Regency Underthings Pattern. This workshop is best suited to intermediate sewists, but adventurous beginners are welcome. **The Regency Chemise workshop is recommended but optional.*

Your workshop includes a kit with the following supplies (no need to purchase!):

- **Pattern** - Regency Underthings ePattern by Sense & Sensibility Patterns (you can preview it at <https://www.sensibility.com/shop/regency-era>).
- **Boning** - Synthetic whalebone, 7mm wide x 1mm thick
- **Grommets** - 5mm silver color. Grommet setting tools will be available for use in class.
- **Lace tipping** material and tools for installation.

Prior to Class please purchase the following:

- **Fabric** - Your stays will be constructed with three layers. **Please read the notes for PRE-WASHING at the end of this supply list!* Some options at The Sewing Studio are listed below.
 - **Outer layer** - 5/8 yard cotton, linen, or silk. This is the “pretty” layer, so it’s your personal preference. Consider something that won’t show through your dress! **If you want to make your own bias binding to match, add 1/4 yard for a total of 7/8 yards.*
 - Osnauburg Natural (linen look cotton) - \$5.47/yd - sku 271699 (see https://sewing.net/products/natural-osnauburg-linen-look-lin-n-spun-linaj-nat?_pos=1&_sid=109fdc00a&_ss=r)

- Any linen or quilting weight cotton
- Kobe Twill - \$9.90-10.56/yd - sku 24810x (final number “x” is the color number). Kobe Twill is available in many solid colors (see https://sewing.net/search?type=product&q=NOT+tag%3A_gift+AND+kobe+twill*). If you double it up (use a minimum of two layers), it can also serve as interlining and/or lining (see below).
- **Interlining - 5/8 yard of coutil or cotton duck.** This is the “support” layer, it needs to be firm with very little to no “give”. It will be hidden, but make sure the color will not show through your outer layer. Coutil can be found at Richard The Thread, <https://www.richardthethread.com/shop/corset-supplies/coutil-fabric/> (I suggest “Domestic Coutil”). Some good options at The Sewing Studio:
 - Cotton Duck #12, 60” wide - \$12.87/yd - sku 268713
 - Cotton Duck Asst. - \$8.40/yd - sku 272063, available in several colors
 - Cotton Duck Sage - \$8.47/yd - sku 272202
- **Lining - 5/8 yard cotton**, or a second layer of coutil/duck if you prefer more support. This layer will be hidden, so if you have a stripe or print in your stash, you can use it here!
- **Bias tape - 4 yards of Double Fold Bias Tape 1/2” wide** (check the package for yardage, you may need 2 packages - https://sewing.net/search?type=product&q=NOT+tag%3A_gift+AND+extra+wide+double+fold+bias*). *If you prefer to make your own bias from fabric, you will need approximately 4 yards of finished bias.*
- **Drawstring - 3 yards of 1/8” cotton cord.** This will secure your stays around the top and bottom edges.
- **Lacing - 1 1/4 yards** of 1/4” cotton twill tape, 5mm cord, or ribbon. This is for lacing the front of your stays through grommets. The Sewing Studio has several cord options in various widths and colors, the exact width and material are your personal preference (here is just one example: https://sewing.net/search?type=product&q=NOT+tag%3A_gift+AND+tubular+cord*).
- **Also please bring your regular machine sewing supplies** such as scissors or rotary cutter, thread, pins, chalk or fabric marking pencil. Classroom machines are available for use but you may bring your own machine if you prefer (please bring a zipper foot and walking/even feed foot if you have them). Optional but highly recommended: Wonder Clips for holding thick seam allowances together (https://sewing.net/search?type=product&q=NOT+tag%3A_gift+AND+wonder+clips*)

Please PRE-WASH your fabrics as noted below!

First, FINISH all edges with a serger, machine zig zag, or pinking shears to prevent strings in the wash!

***Pre-washing INTERLINING fabric:** You will most likely be hand-washing your finished stays, so I recommend pre-washing your fabric on a delicate setting and line-dry. You want the foundation fabric to retain some structure, not soften up in the dryer. If you machine dry, remove the fabric while it is still slightly damp and press the rest of the way dry with an iron (my preferred method).

***Pre-washing OUTER and LINING fabric:** You can wash this according to fabric instructions (e.g., quilting cotton may be machine washed and dried). However, you will still most likely be hand-washing your finished stays so you can wash it the same as your interlining fabric if you like.

Class Policy

- ❖ A minimum of 4 students is needed to make a class a “go”. If a class fails to register 4 students you will receive a full refund.
- ❖ All students get a **15%** discount on all class supplies purchased at **The Sewing Studio Fabric Superstore.**
- ❖ Please purchase all class supplies prior to first class (unless otherwise noted).
- ❖ When purchasing your supplies for class, please ask for a special discount slip provided at the front counter. Your purchases will be written on this slip in order to receive the student discount.
- ❖ **There are no makeup classes or refunds if you fail to attend/miss a class.**
 - If necessary you may notify us up to 3 days prior to class start date for a full refund.
- ❖ All cellphones must be turned off or set to vibrate. (Please be courteous and remember to do this *before* class starts. If you must take a call, please step outside the classroom to do so.)