

PATIENT SELECTION

Setting expectations is the key to patient satisfaction. Evoke treatments are ideal for patient with some fat deposits and loose skin in low face and submental area; patients who are looking to achieve improved skin appearance. Evoke treatments are safe for all skin tones. Caution should be taken when selecting patients, as this device is NOT to be used in areas where fat loss is of concern or is not desired.

EVOKE TYPICAL TREATMENT PARAMETERS

Applicator	RF Energy Level	Cut-off Temperature [°C]	Treatment Time [min]
Cheeks (Face) or Chin (Neck)	20-30	40-43, as high as tolerable	15-30

Adjust all parameters according to patient tolerance and skin response and increase parameters gradually.

PRE-TREATMENT

- Remove any jewelry in the treatment area.
- Clean the Evoke Applicator with 70% alcohol. Detach electrodes from the mask frame (Cheek Applicator) using magnetic connection, if needed.
- Test the Patient Call Button prior to each session. This will pause the treatment.
- Long and dense hairs may affect the treatment and should be shaved.
- Clean and dry the skin surface prior to applying the Applicators. Ensure there are no creams, lotions or sweat residue on the area to be treated.
- Treatment is performed in a comfortable upright sitting position throughout the procedure.
- Make sure that the Applicator for the treatment corresponds to the device interface.
- Apply 2-4mm clear ultrasound gel (not oil) to the electrodes and/or to the treatment area for full coverage.
- Position the applicators' belts and stabilizers and adjust each applicator (Cheek or Chin) according to patient
 anatomy but without an excessive pressure, just enough to fixate the position of the
 applicator.
- For **Cheeks (Face)** Applicator:
 - Place the Applicators on the soft-tissue parts and NOT on the mandibular
 or zygomatic bone. Ensure that patient is seated upright when positioning the Applicator.
 - Secure the Applicator with 3 adjustable head belts, back metal spring stabilizer and front silicon stabilizing strap. One belt around the back of the head, one across the top of the head and one connecting belt along the middle skull.
 - o The black metal spring stabilizer should be located **ONLY** on the back of the neck.
 - The Right and Left sides of the Cheeks Applicator are not interchangeable. Ensure that the sides correlate to the applied anatomical area.

For Chin (Neck) Applicator:

• Place the Applicator on the under-chin area. Ensure that the electrodes are positioned on the soft tissue, not on bony areas. The position of the applicator should be perpendicular to the surface.



Please Note: Quick Reference Guides are on occasion revised and updated. It is the practitioner's responsibility to ensure the use of the most current version of the Quick Reference Guide. Current Clinical Updates may be found at InMode Australia Resource Centre.



Secure the Applicator with the adjustable belt around the top of the head and use an additional silicone strap to secure the Applicator on the chin to prevent it from sliding to the neck.

- Adjust the applicator position according to patient anatomy but without an excessive pressure, just enough to fixate the position of the Applicator
- There should be a complete coupling between all Applicators electrodes and the skin during the treatment session.
- Adjust or reposition the Applicators if one or more electrodes do not have complete
 contact with the skin. In the event that the proper coupling between the electrodes and the skin cannot be achieved,
 due to patient anatomy or surface irregularities (such as moles, scars, etc.), disable the specific unit.
- Treatments can still be conducted if one or more of the electrodes are disabled.
- Provide patient with Patient Call Button and educate on proper use.

TREATMENT PROCEDURE

- Start with lower energy levels and gradually increase according to patient's comfort level. Set treatment time to desired treatment duration and press the Start button.
- Treatments can be paused by the operator by pressing the Pause button in the upper left corner of the screen.
- In case the Applicator needs to be readjusted or repositioned, pause the treatment, readjust the Applicator and restart the treatment. DO NOT readjust the Applicator when treatment is activated.
- The procedure should NOT feel hot or intolerable to the patient. If the patient complains of discomfort, immediately pause the treatment and inspect the area. Reduce RF power if required.
- Consequent cyclic electrodes activation during the procedure will be reflected on the screen.
- The treatment attendant should not leave the room after starting the treatment as it is important for the clinician to ensure that all Applicators reach the desired cut-off temperature and that the RF energy is maintained at the cut-off level. This should take approximately 2-5 minutes.
- During the procedure check Applicators position occasionally, as they may be shifted from the original placement.
- Transient erythema and edema are typical immediate responses following the treatment.

POST-TREATMENT

- Immediately after treatment clean the Applicator with 70% rubbing alcohol.
- Instruct the patient to:
 - Avoid very hot water and direct heat exposure for 2 days.
 - o Avoid UV exposure (tanning bed or sun) for 7 days post treatment.
 - o Avoid scrubbing and scratching the treated area.
 - Moisturize the skin.

TREATMENT SCHEDULE

- Typically, 3-6 treatments are required, once a week and may vary individually.
- Thicker skin that is more fibrotic (e.g. Asian skin) may require more sessions.
- Single maintenance sessions may be needed every 1-3 months.