

Below are examples of post care instructions for regular patients or for volunteer patients for training. Inmode provides these forms for demonstration only and does not accept any liability for their contents. It is essential that each clinic customise the consent forms according to the treatment procedure, local specific regulatory requirements and language.

INMODE POST CARE INFORMATION INSTRUCTIONS

MORPHEUS 8 / FRACTORA

Pre-Treatment Preparations

- Advise the patient to avoid skin irritation or intentional skin tanning. Sun-screen is advisable when outdoors during daylight hours.
- The patient should discontinue any irritant topical agents for 2-3 days prior to treatment such as AHA, BHA, Retinol.
- The patient should use prescribed cosmeceuticals to prep the skin such as Tyrosinase Inhibitors for minimum of 2-3 weeks (face and Body)
- A topical aesthetic should be used only as directed by a physician and if suitable for the patient
- Areas of dental crowns, caps, braces, or other metal dental implants may be more sensitive to treatment and the clinician may use dental rolls, gauze or a tongue depressor to isolate the area and make the treatment more comfortable.
- Advise the patient to avoid anticoagulants such as aspirin throughout the treatment regimen if medical condition permits and pertinent to physician approval. Anticoagulants/ Fish oil increase the possibility of bruising.
- Physician prescribed Acyclovir (zovirax) or antiviral for prophylaxis prior to treatment if needed

Post care information:

I agree to the following post care instructions and am aware of the potential side effects post treatment

- Avoid heat inducing activities for 24-48 hours post treatment (avoid hot baths, massage, sun and UV exposure, scratching, excessive sweating, etc)
- All mechanical and thermal exposure to the treated area must be avoided.
- Emollient cream or occlusive dressings, antibiotic cream or ointment may be applied to the treatment area
- Avoid perfumed creams/ moisturiser for 24 – 48 hours
- Discontinue use of over stimulating active ingredients on the treatment area from days 5- 7 days (AHA, BHA, Retinol)
- Antihistamine can be used to aid itchy skin in healing phase
- Bland basic cleanser moisturiser or clinic recommended post procedure cream/ serum /SPF ONLY for first 1-3 days (ie: Strata cell/ derm/ HA Serum)
- Avoid touching the face post Morpheus/Fractora until micro wounds have closed and inflammation has subsided.



- mineral make up is advised if you must apply makeup immediately after the treatment for social down time
- Prophylactic antibiotic treatment may be prescribed for 1 – 3 days post treatment
- Topical Antibiotic cream is recommended for Acne patient
- Superficial or resurfacing treatments may result in micro crusts (MENDS) appearing 1-3 days post fractional RF treatment and lasting up to 14 days
- Resurfacing tip will result in small dots 'MENDS' on the skin, this is normal and the micro scabs will fall off as the skin cells turn over ** this may give a slight darkening appearance on skin fitzpatrick 3 and higher
- Do not pick or pull at micro scabs, keep the skin hydrated to assist healing
- Cold compresses may be used if required

I understand that clinical results may vary depending on individual factors, including but not limited to medical history, skin type, patient compliance with pre- and post-treatment instructions, and individual response to treatment.

I understand the post care instructions and hereby agree to follow the information provided to me and will contact (*clinic / practice name*). in the unlikely event of an emergency.