

Below is a sample informed consent form for Tone. InMode provides this form for demonstration only and does not accept any liability for their contents. It is essential each clinic customise the forms according to the treatment procedure, local specific regulatory requirements, and language.

TONE is a non-invasive technology that uses EMS (electrical muscle stimulation) to create an involuntary muscle contraction to build lean muscle on the body or treat Diastasis Recti (abdominal separation).

I agree to answer the following questions honestly.

PRETREATMENT QUESTIONS: *(Please check YES or NO to the following questions)*

- | | YES | NO | | YES | NO |
|---|--------------------------|--------------------------|---|--------------------------|--------------------------|
| 1. Have you completed/ updated your medical history form? | <input type="checkbox"/> | <input type="checkbox"/> | 5. Have you undergone recent surgery? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Are you taking any new medication? | <input type="checkbox"/> | <input type="checkbox"/> | 6. Have you been diagnosed with Diastasis Recti? (Abdominal separation) | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you have any underlying hormonal conditions that affect weight? | <input type="checkbox"/> | <input type="checkbox"/> | 7. Do you have any tattoos in the treatment area? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Do you have any known allergies? | <input type="checkbox"/> | <input type="checkbox"/> | 8. Do you have any metal pins or plates in the treatment area? | <input type="checkbox"/> | <input type="checkbox"/> |

TREATMENT

Tone treatment time ranges from 30-45 minutes (please note this will depend on the treatment area). Your skin will be cleaned to remove any excess product, ready for treatment. Body hair will be removed and is recommended to be shaved x 1 day prior to treatment.

During the transform treatment you will experience a involuntary muscle contraction from the Electrical Muscle Stimulation. The EMS will start low and be increased as tolerated, please note we DO want to see a visible muscle contraction (this will be more obvious on those with low body fat).

POST TREATMENT

I understand post treatment I may experience some side effects and the following has been explained to me.

- Erythema (redness) is expected for up to 1 hour.
 - Mild edema (swelling).
 - Complications are uncommon and will be managed according by your provider, potential complications are: PIHP (post inflammatory hyper or hypo pigmentation) bruising.
- » I understand Tone is recommended as a course of treatments for best results and understand that a single treatment may not achieve the results, I desire long term. I certify that I have been fully informed of the nature and purpose of the procedure, expected outcomes and possible complications.
 - » I am fully aware that my condition is of cosmetic concern and that the decision to proceed is based solely on my expressed desire to do so. I confirm that I have informed the staff regarding any current or past medical condition, disease or medication taken.
 - » I consent to the taking of photographs and authorise their anonymous use for the purposes of medical audit, education and promotion.
 YES NO
 - » I certify that I have been given the opportunity to ask questions and that I have read and fully understand the contents of this consent form.

Practitioner Name: _____ **Signature:** _____ **Date:** _____

Patient Name: _____ **Signature:** _____ **Date:** _____