

1. Prepare your nails (part 1)

This step is crucial for a good hold of your gel polish.

Make sure to have a good lighting and an outlet nearby before starting your manicure or pedicure.

1. Push your cuticles with the cuticle pusher.
2. Cut your cuticles using the cuticle cutter. For more precision, use the tip of the tool.
3. Apply the cuticle emollient on the edges of your nails and let it sit for a minute. This emollient will soften your cuticles and dissolve all calluses and dead skin that can be found on your nails and sometimes, those calluses can go unnoticed.
4. Using the cuticle pusher scraper, scrape in a circular motions all over, around and below your cuticles. Clean the excess with a cotton ball. In some cases, this step must be repeated twice in order to perfectly clean the nail plate and contour.



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1. Prepare your nails (part 2)

IMPORTANT

Did you know that a too intense filing can thin your nails and create a burning sensation?

5. You must wash your hands with soap after using the cuticle emollient.

Otherwise, your gel polish will peel off the plate of your nails once polymerized.

6. Make sure your nails are properly polished using the pink polishing block so that the gel adheres effectively on the nail plate. We advise that you avoid filing your nails with a nail file to keep them healthy. If there are still dead skin around the cuticles, remove them for a second time using the cuticle cutter.

7. File the shape of your nails with the nail file. It is best if your nails are round and short during the first manicures if they tend to break easily. Always run the polishing block over the tips of your nails to soften them.

8. Clean your nails with a brush to remove any residue that the filing may have left and clean your work surface.



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2. How to apply your gel polish

Make sure you have read the Important Information sheet before you start applying your gel polish.

Always apply the gel polish on one or two fingers at a time and polymerize them for 5 seconds under the lamp in order to avoid overflowing in the cuticles.

1. Apply the Stronger Base gel polish (base coat). It is very important to apply it everywhere. If you miss a small corner, the gel could easily peel off from there. Polymerize under the lamp for 2 minutes.

2. Apply a first coat of color and cure it under the lamp for 1 minute. Make as many layers as you want until you are satisfied with the opacity. Polymerize between each coat.

3. Apply the No-Wipe Top gel polish (top coat) making sure you have applied it all over. Polymerize under the lamp for 2 minutes.

Polymerize the tips of your nails by lifting your hand under the lamp, but leaving your palm on the plate so that they are in direct contact with the LEDs. Make sure your nails are all dry, especially on the sides of the thumbs and the little fingers.

4. To finalize your manicure, apply cuticle oil and voilà!



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3. Gel Removal (part 1)

Proper gel polish removal leads to harder & healthier natural nails.

Did you know that the Expert Touch Remover contains only a low % of pure acetone and moisturizers like soybean and grape seed oil (Vitamin E)? Pure acetone is known to thin the nails, making them brittle.

1. File 80% of your gel polish with the more abrasive side of the nail file. It is important that you don't completely remove the gel because you risk reaching your natural nail and thin it out.
2. Apply the cuticle oil on your cuticles. This product being an oily fabric will help lift your gel polish.
3. Soak the cottons with the Expert Touch remover and wrap your nails with the foil paper. Aluminum is known to retain heat, so it is important to hold the papers tightly against your fingers to prevent air from passing through. If you let air pass through the foil wraps, the gel will harden instead of softening, which won't make your gel polish lift off of your nails. To tighten the papers properly, we advise to put the longer side towards the finger joint.



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3. Gel Removal (part 2)

4. Fold off the excess papers towards the top of your nail.

5. Add heat if you want a faster removal using the Onglesteph gel pad or any other microwave-safe magic bag. Our Stronger Base is made from rubber and it's for this reason that you must cure it under the lamp for 2 minutes instead of 1. If the filling and the wrapping of your nails are well done, your gel polish will lift within 7 to 9 minutes without applying heat. If you use the gel pad, check the directions for use on www.onglesteph.com.

6. Scrape off any remaining gel polish residue with the scraper tip of the cuticle pusher.



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Important informations

- Keep your gel polish bottles away from the lamp when it is on. If they are too close, the gel and brush could polymerize.
- Keep your bottles away from UV rays. Avoid applying your gel polish outdoors (even if it's cloudy!) However, Unity All-in-One gel polishes do not require a base or a top coat and they cure under the sun but you must do your application inside and then go outside to cure it for 2 minutes. Even if you don't need to apply the base and the top coat, we strongly advise that you do so in order to keep your nails from chipping.
- Always shake your bottles before using them. Not doing so could cause your nails to peel after a few days. Note that Unity All-in-One gel polishes already have a base and a top coat inside.
- All gel polish coats will feel sticky even after curing them under a lamp. Only the Top No-Wipe gel polish will feel completely dry after curing. It is very important that you don't touch anything else while applying your gel polish.



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Important informations

- Your lamp must have an intensity of more than 42 watts for gel polishes to cure properly. The positioning of the fingers inside the lamp is very important. Pay special attention to your thumb and your little finger.
- Always do thin layers. If the coats are too thick, the gel polish could peel off.
- Leave a millimeter between the cuticle and the gel polish. If it spills over into the cuticles, it could peel off.
- Do not peel off the gel polish because layers of your natural nails could peel off too.
- We strongly advise that you cure the base and the top coat for at least 2 minutes.

