



# NUTES Veg 1

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**For Root Development, Thick Stalks & Vibrant Green Canopies**

Contents: 32 fl. oz. (946 ml) Net Weight: 2.17 lb (984 g)



## DIRECTIONS

1. **Shake well** before each use.
2. Feed every time you water your plants and use reverse osmosis / deionized water if possible.
3. Adjust the pH of each feed to 6.2 - 6.4 if necessary, using FOOP pH Up / FOOP pH Down. **Using pH levels outside of this range risks harming plants!**
4. For best results, follow the recommendations in the following table:

Veg Stage	Veg 1	Veg 2	Sweetener
Week 1	20 ml/gallon	20 ml/gallon	5 ml/gallon
Week 2	30 ml/gallon	30 ml/gallon	10 ml/gallon
Week 3	40 ml/gallon	40 ml/gallon	15 ml/gallon
Week 4	50 ml/gallon	50 ml/gallon	15 ml/gallon
Week 5	60 ml/gallon	60 ml/gallon	20 ml/gallon
Week 6+	60 ml/gallon	60 ml/gallon	20 ml/gallon

For 3-week veg cycles, stop after week 3.  
 For 4-week veg cycles, stop after week 4.

## GUARANTEED ANALYSIS

TOTAL NITROGEN (N).....	0.14%
0.05% Water Soluble Nitrogen	
0.09% Water Insoluble Nitrogen	
AVAILABLE PHOSPHATE (P <sub>2</sub> O <sub>5</sub> ).....	0.15%
SOLUBLE POTASH (K <sub>2</sub> O) .....	0.56%

Derived from: fish excrement, kelp extract (Ascophyllum nodosum), volcanic ash

## CONTAINS NONPLANT FOOD INGREDIENTS

Active Ingredients:  
 1.15% Humic acids derived from Leonardite  
 98% Inert ingredients (as nonplant food)

**FOOP Nutes** is a line of plant nutrients created from organically-sourced input materials, including reclaimed fish excrement in mineralized aquaculture water, designed for both conventional and hydroponic farming.

## IMPORTANT TIPS

Store in a cool, dark place. To avoid spoilage, do not allow any other FOOP product to get into this container.