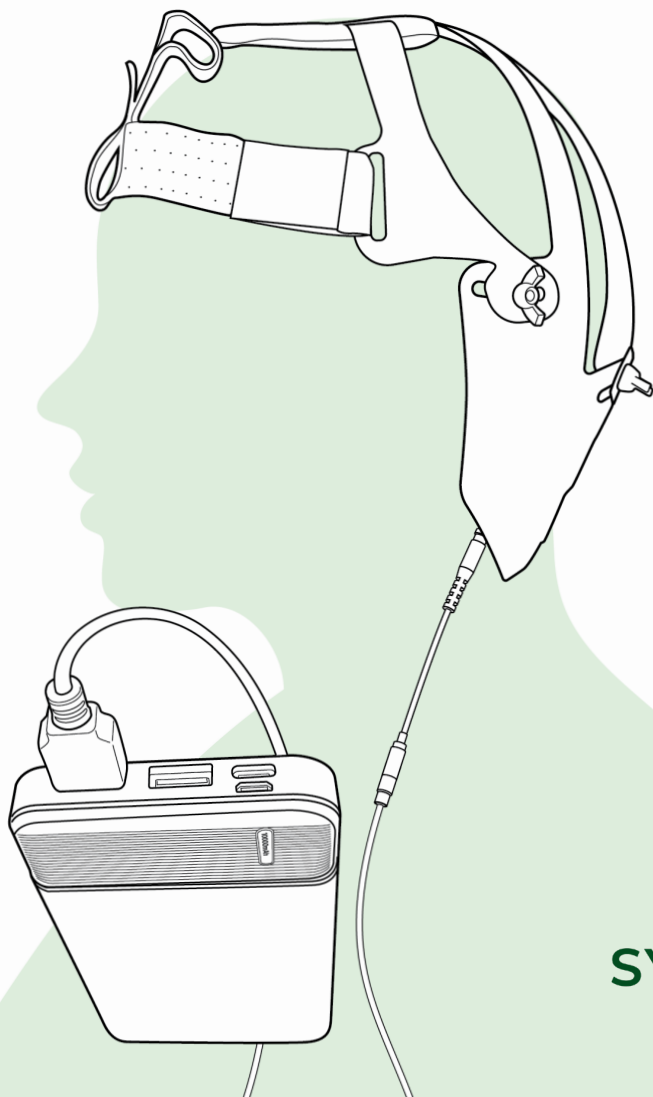


# SYMBYX Neuro

## User Guide

Read this guide thoroughly before use.

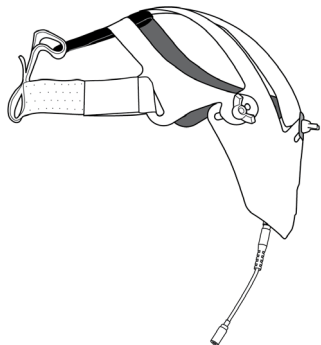


**SYMBYX**  
BIOME

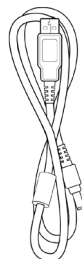


## In the box

- ① SYMBYX Neuro helmet



- ② Connector cord which links helmet to the battery pack



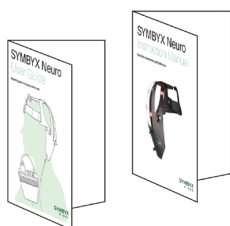
- ③ Charging cord



- ④ Battery pack



- ⑤ SYMBYX Neuro User Guide and Instruction Manual



- ⑥ Protective storage case



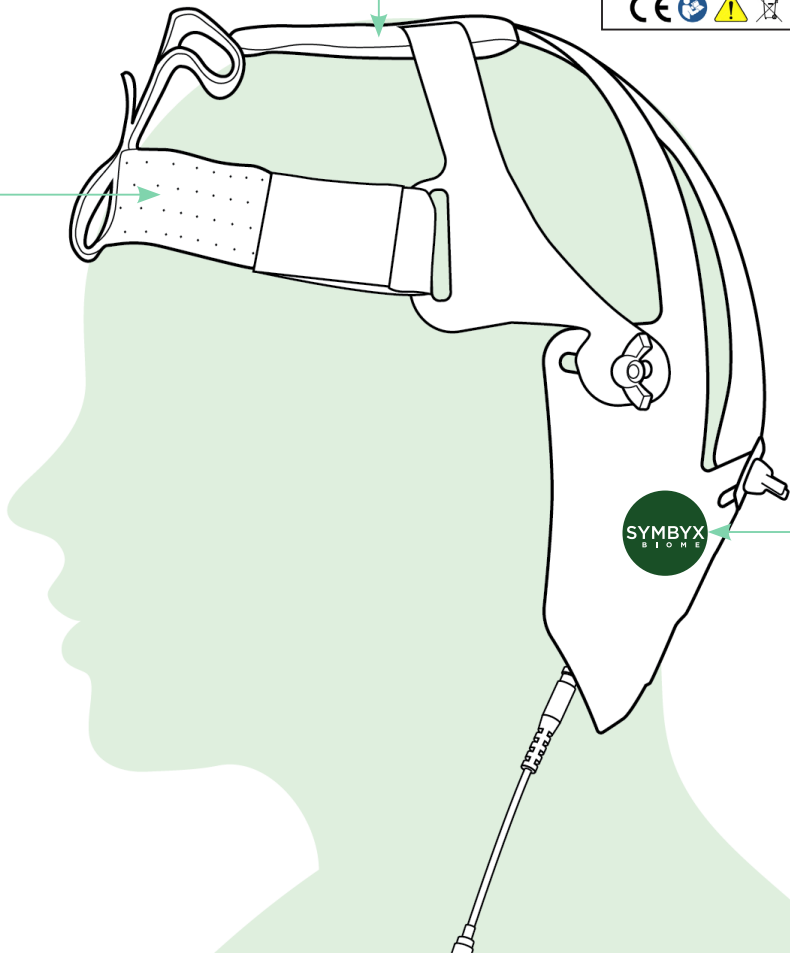
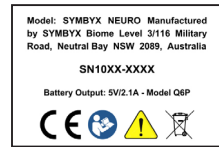
# Before starting treatment

## How to fit the SYMBYX Neuro

Position the SYMBYX Neuro on your head with the velcro straps in the front. The straps should fit comfortably across your forehead roughly between the eyes and your hairline. Adjust the velcro straps so that the SYMBYX Neuro fits snugly.

The centre circle of the helmet should be positioned over the centre of your head.

The white label (pictured below) inside the helmet indicates the backside of the helmet.

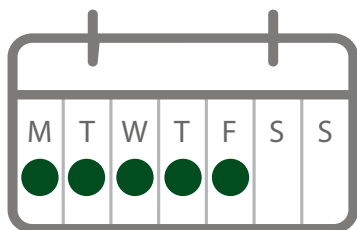
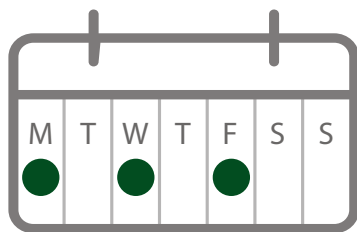


## Treatment time



Your device is pre-programmed to run automatically for a full 24 minutes. This includes 12 minutes of red light followed by 12 minutes of infrared light.

## Frequency of use

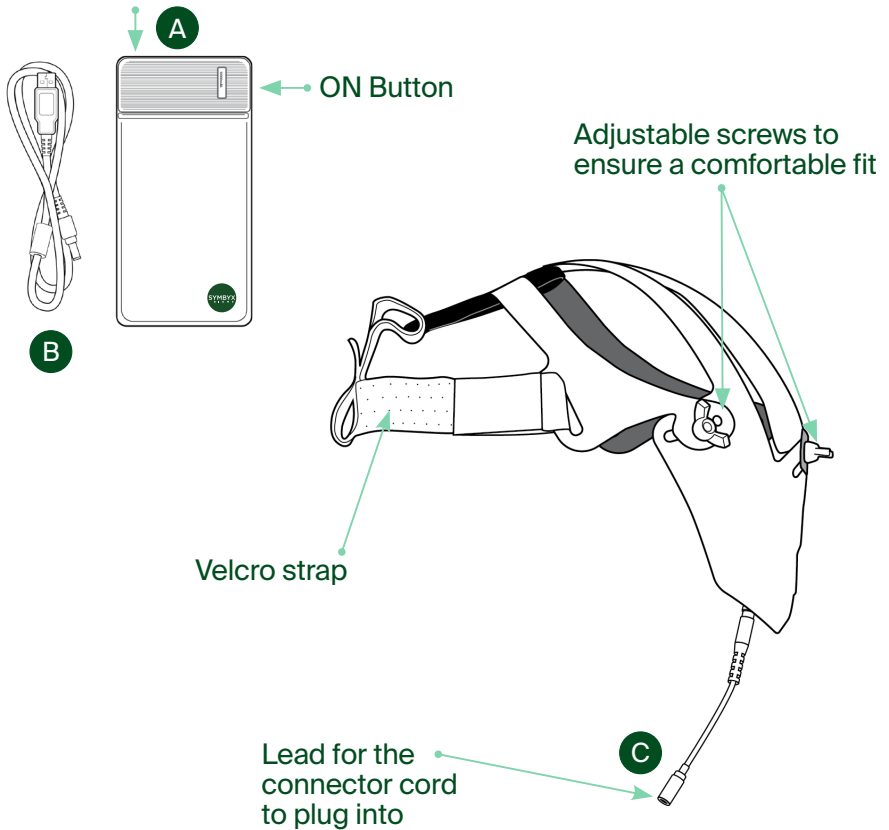


During the first two weeks of treatment please use SYMBYX Neuro 2-3 times only, building up to 5 times per week in the subsequent weeks. If you are using the SYMBYX Neuro in combination with a handheld laser, please follow the separate combined protocol. Use once per day only, at a broadly similar time. SYMBYX recommends using the SYMBYX Neuro first thing in the morning unless you are experiencing interrupted sleep. If so, in the afternoon or early evening would be preferable.

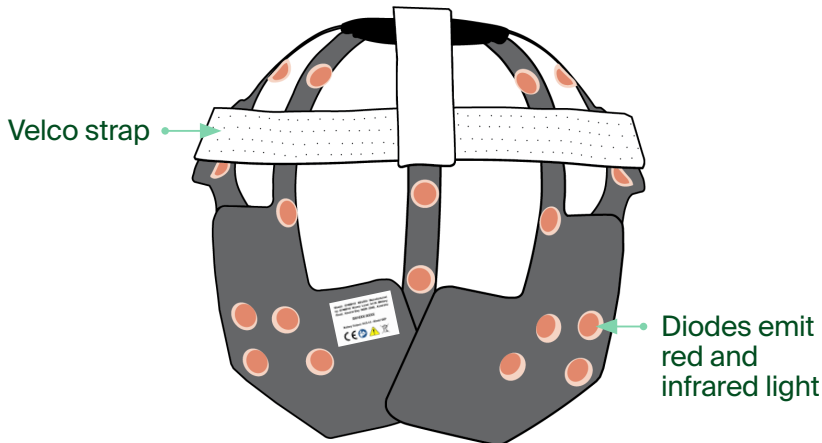
# Treatment protocol

- 1 Place and fit the SYMBYX Neuro snugly on your head.
- 2 Connecting the SYMBYX Neuro to the battery **A** using the connecting cord. **B** Either USB-A output on the battery can be used to connect it to the SYMBYX Neuro. **C**

## Power Charger Input / Interconnect Port



- 1 Once the SYMBYX Neuro is connected to the battery, the helmet will turn on automatically. This is indicated by a long audible beep, followed by a short testing cycle: 2 seconds of red light, then 2 seconds of infrared light.



- 2 The treatment will then commence automatically, first with 12 minutes of red light treatment, followed by 12 minutes of infrared light treatment. You will hear two audible beeps at the 12 minutes mark (the half way mark point). It is important that you don't remove the helmet at this point, as there is another 12 minutes of treatment to go. For the infrared cycle (the second 12 minutes), you will not see any lights flashing as the helmet is emitting infrared light, which cannot be seen.
- 3 After 24 minutes, the SYMBYX Neuro helmet will audibly beep and flash five times in order to inform you that the treatment session is complete.
- 4 Once the treatment has concluded, simply disconnect the helmet from the battery. The battery will automatically turn off.











## If you wish to stop mid-treatment

If you wish to stop treatment at any time, first remove the cord from the battery pack then remove the SYMBYX Neuro helmet. The battery will turn off automatically after 30 seconds. To turn the SYMBYX Neuro back on, simply reconnect the cord to the battery. The treatment will start again from the beginning, for 24 minutes.

## After each treatment session

Disconnect the battery from SYMBYX Neuro helmet and place it on a charger after each treatment. This will ensure that it is ready for your next treatment.



	THE CARDBOARD BOX THAT THE DEVICE CAME IN CAN BE RECYCLED.
	READ THE INSTRUCTIONS IN THE USER GUIDE BEFORE USE.
	DO NOT DROP OR PHYSICALLY ALTER THE DEVICE OR PROVIDED COMPONENTS. INCL PCB.
	DANGER: DEVICE EMITS OPTICAL RADIATION.
	DO NOT STARE DIRECTLY AT THE LIGHT SOURCES. LIGHT EMITTED FROM THIS DEVICE MAY CAUSE IRRITATION.
	CAUTION: THIS DEVICE OPERATES USING REPEATED EXPOSURE TO NEAR INFRARED RADIATION (NIR).
	ONLY USE BATTERY PROVIDED WITH THE DEVICE.
	THIS APPLIANCE MUST ONLY BE SUPPLIED AT SAFETY EXTRA LOW VOLTAGE CORRESPONDING TO THE MARKING OF THE DEVICE.
	THIS APPLIANCE CAN BE USED BY CHILDREN, PERSONS WITH REDUCED PHYSICAL, SENSORY OR MENTAL CAPABILITIES OR LACK OF EXPERIENCE AND KNOWLEDGE IF THEY HAVE BEEN GIVEN SUPERVISION OR INSTRUCTION CONCERNING USE OF THE APPLIANCE IN A SAFE WAY AND UNDERSTAND THE HAZARDS INVOLVED. CHILDREN SHALL NOT PLAY WITH THE APPLIANCE. CLEANING AND USER MAINTENANCE SHALL NOT BE MADE BY CHILDREN WITHOUT SUPERVISION.
	THE WASTE OF ELECTRICAL AND ELECTRONIC EQUIPMENT (WEEE) INDICATES THE DEVICE MAY NOT BE DISCARDED AS HOUSEHOLD WASTE (2012/19/EU)
	SYMBYX PTY LTD HEREBY DECLARES THAT THIS PRODUCT IS IN COMPLIANCE WITH THE ESSENTIAL REQUIREMENTS AND OTHER RELEVANT PROVISIONS.



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To learn more about SYMBYX, please visit our website and follow us on social media.



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