

DuoCare & SYMBYX Neuro Combined Treatment

The below protocol is for those already following the DuoCare Parkinson's Gut-Brain Protocol, and looking to begin treating with the SYMBYX Neuro as well.

Week 1-4

	M	T	W	T	F	S	S
DuoCare	●		●		●		

Follow the FULL Parkinson's Gut-Brain protocol 3 days per week on alternating days, without any use of the SYMBYX Neuro helmet for 4 weeks.

(If you have already been using a SYMBYX handheld laser for at least 4 weeks, start from week 5-6)

Week 5-6

	M	T	W	T	F	S	S
DuoCare	●		●		●		
SYMBYX Neuro		●		●			

After following the Parkinson's Gut-Brain protocol for 4 weeks, introduce the SYMBYX Neuro 2 times per week, on alternating days.

Week 7

	M	T	W	T	F	S	S
DuoCare	●		●		●		
SYMBYX Neuro	●	●		●			

In week 7, increase the SYMBYX Neuro to 3 times per week (Mon Tues, Thurs).

Week 8

	M	T	W	T	F	S	S
DuoCare	●		●		●		
SYMBYX Neuro	●	●	●	●			

In week 8, increase the SYMBYX Neuro to 4 times per week (Mon, Tues, Wed, Thurs).

Week 9 onwards


	M	T	W	T	F	S	S
DuoCare	●		●		●		
SYMBYX Neuro	●	●	●	●	●		

If you are feeling good after completing week 7-8, you may increase the SYMBYX Neuro to 5 days per week for week 9 and onwards.



DuoCare & SYMBYX Neuro

Visual Reference



Week 1–4

DEVICE	M	T	W	T	F	S	S
	●		●		●		



Week 5–6

DEVICE	M	T	W	T	F	S	S
	●		●		●		
		●		●			



Week 7

DEVICE	M	T	W	T	F	S	S
	●		●		●		
	●	●		●			

Week 8

DEVICE	M	T	W	T	F	S	S
	●		●		●		
	●	●	●	●			

Week 9 onwards

DEVICE	M	T	W	T	F	S	S
	●		●		●		
	●	●	●	●	●		

Please review the Safety Precautions and Contraindications page on our website and the User Guide before use. SYMBYX is not your primary healthcare provider and you are advised to consult with one if ever in doubt. A level of caution should be exercised when commencing any new therapy as there is always a small risk of producing unwanted side effects. These may include mild and transient nausea, vomiting, dizziness and/or vertigo. These symptoms are usually transient, and almost always fully resolve with a short break from the therapy. Please perform your treatment sitting or lying down, and take your time standing up to minimise any risk of falls or injury. If you experience any adverse reactions, please cease the therapy immediately and contact our Clinical Support Team at clinicalsupport@symbyxbiome.com for further instructions.

Contact Information

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