

Spread the apple slices in a casserole and sprinkle with sugar, lemon juice and honey. Mix the flour, brown sugar, salt and cinnamon and cut in the butter until the mixture resembles coarse oatmeal.

Spread the topping evenly over the apples and dot with a few extra knobs of butter. Bake at 190 deg C for 40-50 minutes or until the apples are tender and the crust crisp and brown.

Serve with custard, cream or ice cream, or why not all three.

4 cups tart apples, peeled and sliced ¼ cup sugar

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2 Tbsp lemon juice

½ cup honey, e.g. Te Kapu Tawari honey

½ cup flour

1/4 up brown sugar

½ tsp salt

1/4 tsp cinnamon

70 g butter

acouple of extra knobs of butter



A delicious option is to serve with crème fraiche ore whipped cream with the addition of a little more of your favourite Te Kapu honey to continue that great honey experience.

Also the longer you cook this the softer and the more sensational the result – if for any reason you are roasting in the oven and it's at 180 deg C leave the pudding in for an hour – just check to make sure the top is not getting too brown – if so use a little foil over the baking dessert to protect the crust!