



FEEL BP5 Wireless Blood Pressure Arm Monitor

1 Device Installation

1. Download the free iHealth MyVitals app on the App Store or Google Play depending on the model of your smartphone then create your iHealth account.
2. Charge the blood pressure monitor's batteries. When the battery is fully charged, the green LED on the device is steady.
3. Start the iHealth MyVitals app and sign into your account.
4. Go to MENU > Set up my devices > Select a new device > Blood pressure monitor > BP5 and follow the instructions on the screen.
5. Press the START/STOP button of the blood pressure monitor to start it and initiate the Bluetooth connection. The Bluetooth icon on the blood pressure monitor blinks.
6. Go to the Bluetooth menu on your smartphone and activate Bluetooth.
7. In your smartphone's Bluetooth menu click on "BP5xxxxxx" to pair the blood pressure monitor. Your blood pressure monitor is ready! Give it a try, take a measurement.

2 Connecting to SNUG

1. Download Snug from the Google Play or Apple App Store and create your Snug account
2. Access "My Devices" through the app menu in the top left-hand corner
3. Select "Add a data source", choose "Human API", then press "Okay"
4. Choose "iHealth", add your iHealth account email and password (created in Step 1), then "Sign In"
5. Once Human API has processed, you can close this window manually to return to Snug
6. "iHealth" will appear in your list of Data Sources
7. Allow up to 30 minutes for data to flow into Snug from iHealth
8. For any connectivity issues contact support@snughealth.com.au

