

Table 1



MONARCH TEA HOUSE

90 S. Main
Brigham City, UT 84302

monarchteahouse.com

Brewing Instructions for each MTH blend.

(These are the instructions that we use at our in house tea bar, feel free to adjust based on your tastes.)

| Blend | Type | Brewing Temperature | Cool For | Brew Time | 12oz | 16oz | 20oz | 24oz (or instant iced) | Notes |
|-------------------------|-----------------------------|---------------------|----------|-------------------|------------|------------|------------|------------------------|----------------------------------------------------------------------------------------------------------------|
| Almond Cookie | Green | 174° | | 90 Seconds | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Ba-Ba-Banana | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Barb's Lemonade | Tisane | 206° | | 8-10 Min. | 1 tbsp | 2 tbsp | 3 tbsp | 5 tbsp | |
| Berried Treasure | Green | 174° | | 90 Seconds | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Berry Addicting | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Black Tea Assam | Black | 194° | | 4 1/2 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Black Velvet Cream | Black | 206° | 30 Sec. | 4 1/2 Min. | 1 1/2 tbsp | 2 tbsp | 2 1/2 tbsp | 3 tbsp | Add 4oz extra while brewing- it absorbs a lot! |
| Blood Orange | Black | 194° | | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Blushing Melon | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Butterfly Pea Flower | Herbal | 206° | | 5-10 Min. | 3 Petals | 4 Petals | 5 Petals | 6 Petals | Add this to other blends for additional benefits! Adding citrus (acidity) will change colors of final product! |
| Butter Rum | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 6 tbsp | |
| Candy Crush | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | French Press Recommended |
| Caramel Chai | Black | 206° | 30 Sec. | 4 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Caribbean Queen | Tisane | 206° | | 8-10 Min. | 1 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| Central Perk | Black | 194° | | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Cereal Milk | Yerba Maté | 174° | | 3-5 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | Re-brew this one and sip on it all day! |
| Chamomile | Herbal | 206° | | 5 Min. | 1 tbsp | 1 1/2 tbsp | 2 tbsp | 3 tbsp | |
| Chamomile & Rose Petals | Herbal | 206° | | 5 Min. | 1 tbsp | 1 1/2 tbsp | 2 tbsp | 3 tbsp | |
| Cherry Berry Taffy | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Cherry Bomb | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Cherry Pie | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | French Press Recommended |
| Cherry Slush | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Chocolate Cream | Black | 206° | 30 Sec. | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Chocolately Island Joy | Black | 206° | 30 Sec. | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Chocolately Mint | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Christmas Fruit Cake | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | French Press Recommended |
| Cinn-a-fun | Black | 194° | | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Classic Chai | Black | 206° | 30 Sec. | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Coconut Macaroon | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | French Press Recommended |
| Coconut Maté | Yerba Maté | 174° | | 3-5 Min. | 3 tbsp | 4 tbsp | 6 tbsp | 7 tbsp | Re-brew this one and sip on it all day! |
| Coffee Cake | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Colada Sunset | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Cool Mint | Tisane | 206° | | 8-10 Min. | 1 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| Cozy Pu-Erh | Pu-Erh | 206° | 1 Min. | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Creamy Caramel | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Crumb Donut | Oolong | 194° | | 2 Min. 45 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Currant Crush | Black | 194° | | 4 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Dark Chocolate | Black | 206° | 30 Sec. | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Dark Paradise | Black | 206° | 1 Min. | 4 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Emperors Treasure | Green & Black | 174° | | 90 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Frenchy | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Fresh Chai (Green Chai) | Green | 174° | | 90 Seconds | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Fruity Blast | Yerba Maté | 174° | | 3-5 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | Re-brew this one and sip on it all day! |
| Ginger & Licorice | Herbal | 206° | | 5 Min. | 1 tsp | 2 tsp | 3 tsp | 4 tsp | |
| Go Go Banana | Yerba Maté | 174° | | 3-5 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Golden Aztec | Herbal | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Good/Spicy Karma | Black | 206° | 1 Min. | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Gooseberry Meringue | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Grandpa's Grapefruit | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Green Passion | Green | 174° | | 90 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Hardy Maple | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Healthy Breeze | Green | 174° | | 90 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Hibiscus | Herbal | 206° | | 10-12 Min. | 1 1/2 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| Home For The Holidays | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Honey, I Dew | Yerba Maté | 174° | | 3-5 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Lavender Shores | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Lavender Twist | Black | 206° | 30 Sec. | 4 1/2 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Lemon Panna Cotta | Black | 194° | 30 Sec. | 4 1/2 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Lemon Sencha | Green/Sencha | 174° | 2 Min. | 60-90 Sec. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Let's Detox | Herbal | 206° | | 7 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Liquid Chocolate | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Mandarin Sun | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Mango De Tango | Black | 206° | 1 Min. | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Mint-al Lift | Herbal | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Minty Green | Green | 174° | | 90 Seconds | 1 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| Movin' & Groovin' | Herbal/Pu-Erh | 194° | | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Mulled Wine | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Northern Comfort | Black | 194° | | 4 1/2 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Orange Stix | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Orange Zest | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Peach Days | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Peach Queen | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Peppermint | Herbal | 206° | | 5 Min. | 1 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| Pineapple Upside Down | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Pomberry | Black | 194° | | 2 1/2 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Pu-Erh Superfruits | Pu-Erh | 206° | 1 Min. | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Pucker Power | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Pumpkin Pie | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Pumpkin Spice | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Raspberry Cream | Green | 174° | | 90 Seconds | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Raspberry Sherbet | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Raspberry Tart | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Recovery | Green | 174° | | 90 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Red Head | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Respirator-tea | Herbal | 206° | | 8-10 Min. | 1 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| Roasted Mallow | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Royal Star | Green & Oolong | 174° | | 90 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Russian Samovar | Black | 194° | | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Savory Orange | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Sereni-tea | Tisane | 206° | | 8-10 Min. | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Seriously Strawberry | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Skinny Sip | Yerba Maté & Oolong & Green | | | | | | | | |
| Sleep Well | Herbal | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Smoke Show | Black | 206° | 30 Sec. | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Sonoma | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Southern Citrus | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Spa Day | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Spearmint | Herbal | 206° | | 8-10 Min. | 1 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| Spring Melody | Green | 174° | 30 Sec. | 90 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Stollen Cake | Black | 206° | 30 Sec. | 4 1/2 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Strawberry Jam | Black | 194° | | 3 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Strawberry Rose | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Sucker Punch | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Summer Sun | Tisane | 206° | | 10-12 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Sunset Mango | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Sweet & Spiced Apple | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Sweet Chamomile | Herbal | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Sweet Dreams | Herbal | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Sweet Lemon | Tisane | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Sweet Mint | Tisane | 206° | | 8-10 Min. | 1 tbsp | 2 tbsp | 3 tbsp | 4 tbsp | |
| The Flamingo | Green | 174° | | 90 Seconds | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| Throat Elixir | Herbal | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Titanic | Black | 194° | | 4 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Tropical Passion | Yerba Maté | 174° | | 3-5 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Tummy Comfort | Tisane | 206° | | 8-10 Min. | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |
| Tuscan Dreams | Herbal | 206° | | 8-10 Min. | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| Vanilla Bean | Black | 206° | 1 Min. | 3 Min. 45 Seconds | 3 tbsp | 4 tbsp | 5 tbsp | 6 tbsp | |
| What A Beach | Green | 174° | | 90 Seconds | 4 tbsp | 5 tbsp | 6 tbsp | 7 tbsp | |
| White Dragon | Green/Sencha & White | 174° | | | | | | | |
| Wintery Orange | Green | 174° | | 90 Seconds | 2 tbsp | 3 tbsp | 4 tbsp | 5 tbsp | |