



Our *Aromatic Finishing Sugars* are infused with the purest Botanicals & Culinary Essential Oils. The enhanced aromatics allow for reduced sugar usage called for in modern recipes. Use them for preserves and simple syrups, rim a glass, or in savory dishes.

STRAWBERRY & LAVENDER CORNMEAL SHORTCAKES

INGREDIENTS FOR THE SHORTCAKES:

- 1½ cups **Whole Wheat Pastry Flour**
- ½ cup yellow **Cornmeal**
- 1 Tablespoon **Baking Powder**
- 1 Tablespoon **Lavender Fleur Aromatic Finishing Sugar**
- ½ teaspoon **Sea Salt**
- 2 Tablespoons chilled unsalted grass-fed **Butter**, cut into small pieces
- 1 cup organic **Heavy Cream**

INGREDIENTS FOR THE PASTRY CREAM:

- 3 cups **Strawberries**, hulled
- 1 Tablespoon **Lavender Fleur Aromatic Finishing Sugar**
- 1 cup organic **Heavy Cream**
- 2 Tablespoons **Lavender Fleur Botanical Syrup**

TB | TidBits: To make ½ cup *Lavender Fleur Botanical Syrup*, bring ¼ cup water to a boil in a small saucepan. Remove from heat and add ¼ cup TB *Lavender Fleur Aromatic Finishing Sugar*. Stir until the sugar dissolves, and voila!

METHOD:

For the shortcakes: Preheat the oven to 425°F. Line a baking sheet with parchment paper.

In a bowl, stir together the flour, cornmeal, baking powder, sugar and salt. Cut in the butter with a pastry blender until the mixture resembles a coarse meal. Add the cream gradually, stirring until the mixture begins to come together. Knead briefly in the bowl until the dough comes together into a ball. Turn the dough onto a lightly floured work surface and knead gently 3 or 4 times. Pat the dough into an 8 inch round, or, if you'd like individual shortcakes, into a 5½ x 12 inch rectangle and cut into 6 equal squares. Transfer to the baking sheet. Bake until risen and golden brown, about 20 minutes.

For the strawberries and whipped cream: In a large bowl, stir together the strawberries and the sugar. Let stand for 15 minutes to let the berries macerate. In another bowl, beat the cream and *Lavender Fleur Botanical Syrup* until soft peaks form.

To Serve: Spoon the berries over the shortcakes. Top with the whipped cream and serve right away. Serves 6.

Be inspired & visit our Recipe Library at TERREBOTANICALS.COM.

{ A PRODUCER OF BOTANICALLY INFUSED COMPLEMENTS FOR FOODS & BEVERAGES }

