

WARNING: DO NOT ATTEMPT TO USE AS A HOT PACK. DO NOT HEAT OR MICROWAVE.

WARNING: This product is not intended for sleeping purposes.

WARNING: Follow all instructions carefully and use only as directed. Always consult with your healthcare professional before treating any serious injury or if pain persists beyond treatment with the Kanjo Pillow.

WARNING: Risks are associated with any exercise program. Please consult with your healthcare professional before performing this or any physical activity.

Please visit www.gokanjo.com/warranties for information on our Limited Express Product Warranty.

Questions? Concerns?

Please contact us at support@gokanjo.com
www.gokanjo.com

Kanjo Aroma Acupressure PILLOW

Welcome to Kanjo, and thank you for your purchase. Kanjo reminds you to make time for you. Relieve pain. Destress. Relax and rejuvenate.

Kanjo Acupressure products have stimulators that target acupressure points to reduce pain throughout the body, much like ancient Eastern methodologies used in acupuncture, but non-invasive and easy to use at home and on the go.

You are on your way to experiencing the benefits of your **Kanjo Aroma Acupressure Pillow**, including neck, shoulder and back pain relief, headache and migraine relief, and aromatherapy.

KANJO

Relief for Real Life™



A few instructions:

First time use:

- Open the back of your Kanjo Pillow. Remove the inner pillow from its pillow cover and turn it over to reveal a small pocket.
- Open the pocket and remove the scent sachet. Remove the sachet from the plastic bag to activate it. Place the sachet back into the pocket and seal.
- Place the pillow back into the pillow cover with the sachet pocket facing away from you.
- Seal the pillow cover.
- Repeat to replace sachet with a refill, available on www.gokanjo.com

Regular use:

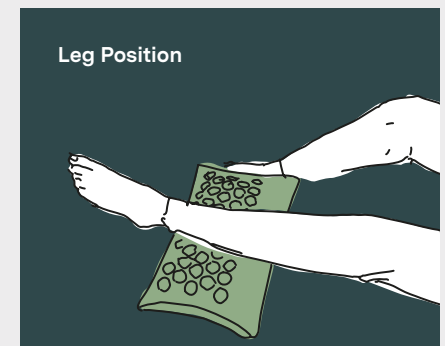
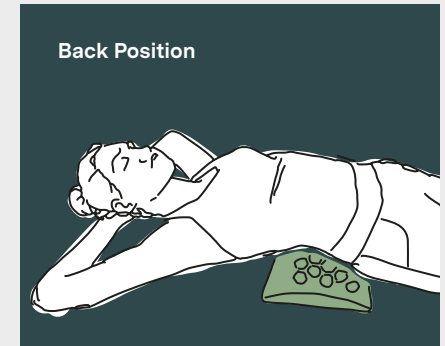
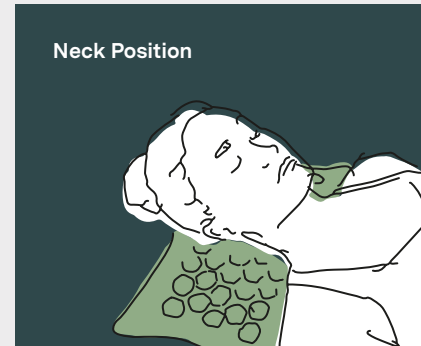
- Lie down on the floor or on a bed or couch, and place the Pillow beneath your head or other part of the body.
- Adjust the Pillow if necessary to maximize comfort.

A few notes:

The Kanjo Pillow's pain-relief effects are best facilitated by contacting the stimulators with your bare skin. For some, this may be overwhelming, and clothing can be worn or placed on the Pillow to reduce sensitivity to the stimulators.

If it's your first time using the Kanjo Pillow, we recommend a 15 minute session to start. First-time users may feel strange or even uncomfortable on the plastic stimulators. Any discomfort will subside as your body responds to the stimulators' effects and pain relief begins, usually after a few minutes of contact.

Scent sachet refills available on www.gokanjo.com



How do I clean this?:

To clean fabric cover, remove it from the pillow, spot clean with water or a mild detergent, and let dry completely before use.