



**WARNING:** Do not stand on the Foot Pain Relief Roller. Use only while seated.

**WARNING:** Follow all instructions carefully and use only as directed. Always consult with your healthcare professional before treating any serious injury or if pain persists beyond treatment with the Kanjo Foot Roller.

**WARNING:** Risks are associated with any exercise program. Please consult with your healthcare professional before performing this or any physical activity.

Please visit [www.gokanjo.com/warranties](http://www.gokanjo.com/warranties) for information on our Limited Express Product Warranty.

**Questions? Concerns?**

Please contact us at [support@gokanjo.com](mailto:support@gokanjo.com)  
[www.gokanjo.com](http://www.gokanjo.com)

## Kanjo Acupressure FOOT PAIN RELIEF MULTI ROLLER

---

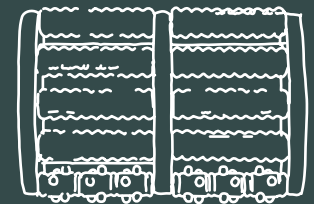
Welcome to Kanjo, and thank you for your purchase. Kanjo reminds you to make time for you. Relieve pain. Destress. Relax and rejuvenate.

Kanjo Acupressure products have stimulators that target acupressure points to reduce pain throughout the body, much like ancient Eastern methodologies used in acupuncture, but non-invasive and easy to use at home and on the go.

You are on your way to experiencing the benefits of your **Kanjo Acupressure Foot Pain Relief Multi Roller**, including heel and arch, plantar fasciitis, and gout pain relief.

# KANJO

Relief for Real Life™



## A few instructions:

- While seated, roll bare feet back and forth along the Foot Pain Relief Roller.
  - Acupressure nubs come in contact with the feet to relieve pain.
  - The rollers with larger nubs provide deeper stimulation.
- 

## A few notes:

The Kanjo Foot Pain Relief Roller's effects are best facilitated when used with bare feet. For some, this may be overwhelming, and socks can be worn to reduce sensitivity to the acupressure nubs.

If it's your first time using the Foot Roller, we recommend a 15 minute session to start, followed by longer sessions as you become accustomed to the Foot Roller.

---

### **How do I clean this?:**

Spot clean with a damp cloth and air dry.

