



WARNING: This product is not intended for sleeping purposes or while driving.

WARNING: Follow all instructions carefully and use only as directed. Always consult with your healthcare professional before treating any serious injury or if pain persists beyond treatment with the Kanjo Back Pain Relief Cushion.

WARNING: Risks are associated with any exercise program. Please consult with your healthcare professional before performing this or any physical activity.

Please visit www.gokanjo.com/warranties for information on our Limited Express Product Warranty.

Questions? Concerns?

Please contact us at support@gokanjo.com
www.gokanjo.com

Kanjo Acupressure **BACK PAIN RELIEF CUSHION**

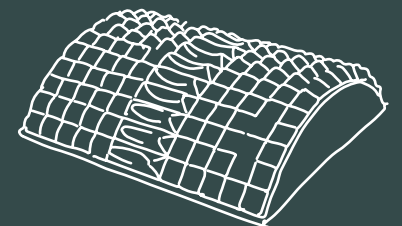
Welcome to Kanjo, and thank you for your purchase. Kanjo reminds you to make time for you. Relieve pain. Destress. Relax and rejuvenate.

Kanjo Acupressure products have stimulators that target acupressure points to reduce pain throughout the body, much like ancient Eastern methodologies used in acupuncture, but non-invasive and easy to use at home and on the go.

You are on your way to experiencing the benefits of your **Kanjo Acupressure Back Pain Relief Cushion**, including stretching of the lumbar spine to alleviate and prevent back pain, and relief of spinal, coccyx, seat and hip pain.

KANJO

Relief for Real Life™



A few instructions:

- Lie down on the floor or on a firm bed or couch and place the Acupressure Back Pain Relief Cushion beneath your lower back, at the lumbar spine.
- Bend your knees so that your feet are flat on the floor, bed or couch.
- Adjust the position and angle of your back, hips and feet if necessary to maximize comfort.
- The Cushion can also be used in an upright, seated position on a chair or couch by placing it behind your lower back.

A few notes:

If it's your first time using the Back Cushion, we recommend a 15 minute session to start, followed by longer sessions as you become accustomed to the Cushion.

How do I clean this?:

Wipe clean with water and/or a mild detergent.

Lying down knees bent position



Sitting upright position

