



**WARNING:** Follow all instructions carefully and use only as directed. Always consult with your healthcare professional before treating any serious injury or if pain persists beyond treatment with the Kanjo Acid Reflux and Pain Relief C Pillow.

**WARNING:** Risks are associated with any exercise program. Please consult with your healthcare professional before performing this or any physical activity.

Please visit [www.gokanjo.com/warranties](http://www.gokanjo.com/warranties) for information on our Limited Express Product Warranty.

**Questions? Concerns?**

Please contact us at [support@gokanjo.com](mailto:support@gokanjo.com)  
[www.gokanjo.com](http://www.gokanjo.com)

## Kanjo Acid Reflux and Pain Relief C PILLOW

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Welcome to Kanjo, and thank you for your purchase. Kanjo reminds you to make time for you. Relieve pain. Destress. Relax and rejuvenate.

Kanjo wellness products reduce pain throughout the body and are easy to use at home and on the go.

You are on your way to experiencing the benefits of your **Kanjo Acid Reflux and Pain Relief C Pillow**, including support of your head, neck, legs and back to alleviate heartburn, regurgitation, and symptoms of acid reflux and GERD, and to alleviate pain.

# KANJO

Relief for Real Life™



## A few instructions:

- The first time you unpack your Kanjo Acid Reflux and Pain Relief C Pillow, wait 24-48 hours for it to fluff up to its full density.
- Place the Pillow on a bed or floor.
- Lie down with your head elevated on the Pillow. Adjust your position until you are comfortable.
- *Optional:* Use a standard pillow on top of the C Pillow for additional elevation.

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### How do I clean this?:

Unzip and remove the pillow cover. Machine wash with detergent and warm water; tumble dry low.

