

STACKED SKIN SCHOOL WEEK 8:

Building Your Routine

1. Start with the basics:

Cleansing Oil

write the name of the product you've chosen below

Cleanser

write the name of the product you've chosen below

Moisturizer

write the name of the product you've chosen below

SPF

write the name of the product you've chosen below

2. Pick an exfoliator (*choose one*)

Acid-Based Face Peel

Enzyme-Based Exfoliant

Dermaplaning Tool

3. Add a treatment (*choose up to two*)

Retinol

Epidermal Growth Factors

Vitamin C

Hyaluronic Acid

Anti-Aging Peptides

3. Choose a tool (*option to skip if you chose Dermaplaning Tool in step 2*)

Dermaplaning Tool

Microneedling Tool

High Frequency

Cryo Ice Roller

5. Optional add-ons

Face Oil

Body Peel

Body Serum

Eye Treatment

Lip Treatment

HOMEWORK

You're officially a Stacked Skin School graduate! So tell us: what's the #1 tip that made the biggest impact on your routine? Share with us on social with #stackedskinschool
