

BASICS OF

10 TO 15

- FOUNDED BY A HOMEOPATH AND MOM, THESE HIGH IMPACT FORMULAS ARE EASY TO USE + PRO-HEALTH

THE NEED

Relieving pain and discomfort quickly, easily, and in a way that promotes rapid healing and overall health.

THE ANSWER

- Homeopathy: Potent, broad-spectrum, and engages the body's own healing capabilities.
- Proprietary Formulas: Strong, versatile, health promoting, and easy to use.
- Products: From prevention to rehab, the field to the board room, young to old, acute to chronic, these products are designed to fit your life.

THE STORY

I was a mom tending a sick child when the idea came to me to use homeopathy in a new way. I began experimenting with it for ever issue I could--physical disability, old sports injuries, aspiring Olympians, scoliosis, falls...

The needs dictated the formulas, but a few formulas were so versatile, easy to use, and reliably helpful that they solved most issues. What comes first is relief, but then there's lots more fun, work, adventure, joy.

BASICALLY

The lifestyle you want; the remedies you need.



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