

# SANITAS

## SMA 35

**(D)** **Maniküre/Pediküre-Set**  
*Gebrauchsanweisung..... 2*

**(GB)** **Manicure/Pedicure set**  
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et de pédicure**  
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**(RUS)** **Набор для маникюра и  
педикюра**  
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Please read these instructions for use carefully and keep them for later use, be sure to make them accessible to other users and observe the information they contain.

### **Warning**

- This device may be used by children over the age of 8 and by people with reduced physical, sensory or mental skills or a lack of experience or knowledge, provided that they are supervised or have been instructed on how to use the device safely, and are fully aware of the consequent risks of use.
- Children must not play with the device.
- Cleaning and user maintenance must not be performed by children unless supervised.
- Do not use the device if it shows signs of damage or does not function properly. In these cases, contact Customer Services.

- Repairs must only be carried out by Customer Services or authorised suppliers.

## Items included in the package

- Manicure and pedicure device
- 7 high-quality attachments made from sapphire and felt
- Adapter
- Storage pouch
- These instructions for use

## 1. Important notes

- ! **Read through these instructions for use carefully before first use. Keep them to hand for later use and ensure that they are accessible to other users.**

### IMPORTANT:

When in use, there may be an intense heat build-up on the skin or nail.

- Check results regularly during treatment. This is particularly advisable in the case of diabetics, as they are less sensitive to pain and are liable to become injured more easily. Attachments 1, 2, 3, 4 and 5 that are provided are basically suitable for diabetics as they are only used for treatment of areas rather than specific points. Attachments 6 and 7 are, however, less suitable for diabetics. Always use with extreme care. If in doubt, ask your doctor.
- This instrument must be used only for the purpose for which it has been developed, and in the manner described in the instructions for use. Any improper use can be dangerous.
- In case of prolonged intensive use (e.g. milling of dead skin from your feet) the device might get very hot. In order to prevent skin burns in these situations, there should be longer breaks between each application. For your own safety, constantly monitor heat build up in the device. This particularly applies to people who are insensitive to heat.
- The device is only for private use and is not intended for medical or commercial purposes.
- For reasons of hygiene, the device should only be used on one person.

- The manager is not responsible for damage or injury caused by improper or incorrect use.
- Keep children away from the packaging materials. Risk of suffocation.
- The appliance must be checked frequently for signs of wear or damage. If such signs are present, or if the appliance has been used improperly, it must be taken to either the manufacturer or the dealer before further use.
- Switch off the instrument immediately in the event of defects or malfunctions.
- Repairs may be carried out only by the customer service or authorized dealers.
- On no account try to repair the instrument yourself!
- Use the instrument only with the accessories provided.
- Never operate the appliance without supervision, particularly when children are in the vicinity.
- Do not use on small animals/animals.
- Prevent all contact with water (except when cleaning with a slightly moistened cloth!). Water must never enter the inside of the appliance. Never immerse the appliance in water. On no account use the appliance in the bath, in a shower, in a swimming pool or over a water-filled wash basin. In the unlikely event that water gets into the case, disconnect the appliance immediately from the mains and contact your specialist electrical supplier or customer service.
- Keep the instrument away from sources of heat.
- Do not use the instrument under blankets, pillows etc.
- The instrument must not be operated continuously for longer than 20 minutes. After this time, wait an interval of at least 15 minutes to prevent the motor from overheating.
- Ensure your hands are dry before handling either the instrument or the plug-in power unit.
- Do not pull on the power cord or instrument to unplug the plug-in power unit from the socket outlet.
- The plug-in power unit must be operated only from a power supply as specified on it.
- The appliance should only be operated with the power unit provided.
- After use, before cleaning and changing any accessory parts, the power unit should always be disconnected.

## **2. Preparation**

This manicure and pedicure instrument is equipped with high-quality attachments. The basic version includes 7 attachments with long-life sapphire coating or polishing felt.

Together with the 2-level speed control and clockwise/anticlockwise operation, this ensures a professional pedicure and manicure that would otherwise only be possible at a podiatrist.

## 3. Application

### 3.1 General

- This instrument is intended only for the treatment of hands (manicure) and feet (pedicure).
- Make sure that the device is switched off beforehand.
- Select an attachment and push it onto the instrument spindle using a slight pressure. To remove: pull the attachment and instrument apart in the axial direction (straight).
- Switch the device on by moving the slide switch down (anticlockwise, LED red) or up (clockwise, LED green).
- All file and cutting attachments are coated with a sapphire grain. This guarantees extremely long life and almost guarantees freedom from wear.
- You can select one of two speed settings (Hi and Lo). Press the corresponding button on the device
- Do not exert heavy pressure and always guide the attachments carefully over the surface to be treated.
- Move the instrument under light pressure in circular movements slowly over the parts to be treated.
- Note that the cutting attachments will have a reduced effect if the skin is softened or moist. For this reason, do not carry out any pretreatment in a bath.
- Do not remove all the callus skin in order to retain the natural protection of the skin.
- Always ensure that the spindle can rotate freely. It must never be permanently jammed, otherwise the instrument will become too hot and suffer damage.
- After every use, apply moisturizing cream to the parts treated.

### Important:



**Check the results during treatment. This is particularly important for diabetics, since their hands and feet are less sensitive.**

## 3.2 Attachments

As these are attachments for use by professionals, we would ask you to handle them with care as they can cause injury when used incorrectly. Particular caution is advised at higher speeds.

The following attachments are provided with your appliance:



### 1 – Sapphire disk, fine

Filing and treatment of the nails, fine grained sapphire disk. The specific aspect of this sapphire disk is that only the inner disk rotates, while the outer support is stationary. This enables precise filing of the nails without the risk of burning the skin with the fast rotating disk.



### 2 – Sapphire disk, coarse

Filing and treatment of the nails, coarse grain sapphire disk. This attachment allows you to shorten even thick nails by filing. Since it quickly removes large areas of the nail, you should proceed with caution in this case also.



### 3 – Sapphire cone

Removal of dry skin or calluses from the soles of the feet and from the heels and for manicuring the nails.



### 4 – Felt cone

Smoothing and polishing the edge of the nail after filing as well as for cleaning the nail surface. Always polish in circular movements and do not allow the felt cone to rest in one place, otherwise friction could cause heat to develop.



### 5 – Sapphire callus rasp

For rapid removal of stubborn calluses and hard skin on the soles of feet and heels This attachment can be used on large areas.





## 6 – Cylindrical milling cutter

Grinding of lignified foot nail surfaces as well as smoothing of these. For this purpose, apply the milling cutter horizontally to the nail surface and remove the unwanted layer of nail using slow circular movements.



## 7 – Flame milling cutter

For removing ingrowing nails. Carefully guide the flame cutter up to the part to be treated and remove parts of the nail as necessary.

**When filing, always work from the outside of the nail towards the tip!**

Always check results regularly during treatment. As soon as the application becomes unpleasant, stop the treatment.

## 4. Cleaning/care

Before cleaning the power unit, always unplug it from the socket outlet!

- Clean the instrument with a slightly moistened cloth. You can also moisten the cloth with mild soap suds to remove more stubborn dirt.
- If necessary, for reasons of hygiene, the attachments can be cleaned with a cloth or brush moistened with alcohol. Dry them carefully afterwards.
- Do not drop the instrument.
- Make sure that no water enters the instrument. But if this should happen, do not use the instrument again until it is completely dry.
- Do not use chemical detergent or scouring agents for cleaning.
- Never immerse the instrument or plug-in power unit in water or other liquids.

## 5. Disposal

Please dispose of the device in accordance with EC Directive – WEEE (Waste Electrical and Electronic Equipment).

If you have any queries, please contact the appropriate local authorities.

