



STONE GROUND GRITS

AUTHENTIC SOUTHERN FLAVOR



House-Autry's Stone Ground White and Yellow Grits are perfect for breakfast, brunch or a special shrimp and grits dinner. Give your customers the traditional Southern flavor that is growing in popularity throughout the country. Add our stone ground grits to your menu and provide your patrons with the Southern-Crafted Goodness® of House-Autry®.





SOUTHERN-CRAFTED GOODNESS® SINCE 1812

For more than 200 years, House-Autry® has continued to improve upon the simple philosophy: "make it easy, make it authentically Southern, and keep them coming back for more." Our millstones grind kernels of white and yellow corn to produce the highest quality milled corn-based products in the market today. House-Autry is the Gold Standard of Southern Flavor.

WITH HOUSE-AUTRY, IT'S ALL IN THE BAG.

Our Stone Ground Grits are made using a traditional grist mill process from premium, U.S.-grade #1 corn sourced from small, local farmers. This process maintains the corn's nutrition and offers authenticity you can see and taste. Based on cooking instructions, House-Autry Stone Ground Grits will yield up to 40% more cooked grits versus leading competitors and of course, our grits are naturally gluten-free!



HOUSE-AUTRY® STONE GROUND YELLOW GRITS #950

Ingredients:

Yellow corn

Ordering Information:

Case Dimensions 13" x 13" x 7"
Manufacturer UPC 73484
Cube Dimensions 0.69
UPC 20950
Pallet Pack 9 cases per row-5 rows high
Case Pack 8/3# Pouches
Shelf Life 9 Months (Stored Properly)

Servings	1	2	4
Water	1 cup	4 cups	12 cups
Grits	1/4 cup	1 cup	3 cups
Salt	1/4 tsp	1 tsp	1 Tbsp

Nutrition Facts

Serving Size: 1/4 Cup (40g)
Servings Per Container: 34

Amount Per Serving	
Calories 150	Calories from Fat 10
% Daily Value	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 31g	10%
Dietary Fiber 4g	16%
Sugars 1g	
Protein 3g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 4%

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat. Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carb.		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

HOUSE-AUTRY® STONE GROUND WHITE GRITS #951

Ingredients:

White corn

Ordering Information:

Case Dimensions 13" x 13" x 7"
Manufacturer UPC 73484
Cube Dimensions 0.69
UPC 20951
Pallet Pack 9 cases per row-5 rows high
Case Pack 8/3# Pouches
Shelf Life 9 Months (Stored Properly)

Servings	1	2	4
Water	1 cup	4 cups	12 cups
Grits	1/4 cup	1 cup	3 cups
Salt	1/4 tsp	1 tsp	1 Tbsp

Nutrition Facts

Serving Size: 1/4 Cup (40g)
Servings Per Container: 34

Amount Per Serving	
Calories 150	Calories from Fat 10
% Daily Value	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 31g	10%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 3g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 4%

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat. Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carb.		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Directions For Use:

1. Bring 4 cups of water and 1 tsp. salt to boil.
2. Slowly stir in 1 cup Grits and cook, covered, on low to medium heat, stirring often, for 12-15 minutes.
3. Remove from heat and keep covered for a couple of minutes before serving.

4. Season to taste with butter, salt, and/or pepper.

*For creamier grits, use milk instead of water.

*To cook entire 3-pound pouch, use 34 cups of water and 2 tablespoons +2 teaspoons of salt.



GET IN TOUCH!

We would love to hear from you. Reach our Customer Service Department by calling 800.849.0802. Our hours are Monday through Thursday, 8 a.m. to 5 p.m. EST, and Friday, 8 a.m. to noon EST.