



# Gluten-Free Breading Mix

VERSATILE, FLAVORFUL

## MORE POSSIBILITIES, BETTER VALUE

Whether you use it on chicken, beef, pork or vegetables, House-Autry Gluten-Free Breading Mix makes it easy to add gluten-free meals to your menu. The high-quality ingredients are consistently blended to ensure that every batch cooks up perfectly. Add House-Autry Gluten-Free Breading Mix to your kitchen and enjoy the compliments from your satisfied customers.

**TALK TO A HOUSE-AUTRY® REPRESENTATIVE TODAY TO LEARN MORE ABOUT HOUSE-AUTRY GLUTEN-FREE BREADING AND HOW IT CAN ADD VALUE TO YOUR MENU!**



Nutrition Facts	
Serving size	1 (100g)
Amount Per Serving	
<b>Calories</b>	<b>340</b>
	% Daily Value*
<b>Total Fat</b> 1.5g	2%
Saturated Fat 0.22g	1%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 1610mg	70%
<b>Total Carbohydrate</b> 78g	28%
Dietary Fiber 4g	14%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 6g	12%
Vitamin D 0mcg	0%
Calcium 21.85mg	2%
Iron 1.53mg	8%
Potassium 0mg	0%
Vitamin C	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### PRODUCT INFO

ITEM #	20855
CASE	
DIMENSIONS	13" X 13" X 7"
UPC #	73484-20855
CASE PACK	1-25 lb, bag
SHELF LIFE	1 year (stored properly)

### ATTRIBUTES

- Stoneground corn flour base
- All-purpose
- Certified gluten-free

### INGREDIENTS

Yellow corn flour, salt, garlic, spices and coloring, sugar, onion



## RECIPE: GLUTEN-FREE BREADED PORK CHOPS

### INGREDIENTS:

House-Autry® Gluten-Free Breading Mix  
Fresh pork chops  
Oil for frying

### DIRECTIONS:

1. Heat oil in deep fryer to 350°F.
2. Pour breading mix into a large bowl.
3. Roll pork chops in breading mix, covering each side.

4. Place coated pork chops into fryer and fry for 8-10 minutes or until internal temperature reaches 145°F.

**GET IN TOUCH**

We would love to hear from you! Reach our Customer Service Department by calling 800-849-0802. House-Autry • P.O. Box 460 • Four Oaks, NC 27524 • [House-AutryFoodservice.com](http://House-AutryFoodservice.com)

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