## **5 STYLES OF CONFLICT MANAGEMENT**



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**NOT ASSERTIVE** 

## 5 STYLES OF CONFLICT MANAGEMENT EXAMPLE OF USAGE

APPROACH	CHARACTERISTICS	EXAMPLES OF APPROPRIATE USE
Avoiding	You don't want to deal with the conflict so a person stalls or ignores the conflict.	<ul> <li>When one or more parties need time to calm down or consider a situation.</li> <li>When issues are of low importance.</li> </ul>
Accommodating	A person forgoes their concerns, acts selflessly, and simply obeys or accept the other persons point of view.	When issues are of low importance.
Compromising	A person splits the difference with the other person to reach a quick agreeable way forward.	<ul><li>When the decision is a temporary solution.</li><li>The issue is of moderate importance.</li></ul>
Competing	A person wants their ideas and way to win over the other person.	• When the issue is of great importance and the solution matters.
Collaborating	You cocreate a way forward that satisfies all persons. A great solution but it takes longer.	<ul><li>When implementing a long-term solution.</li><li>When gaining commitment.</li></ul>

