## WEEKLY QUESTIONNAIRE FOR THE PATIENT

(Please return this questionaire to your therapist)

## Naam:

$\qquad$ Datum: $\qquad$ /__ / 1

1. Throughout our lives, most of us have times when we feel very tired or fatigued. Have you felt unusually tired or fatigued in the last week?YesNo
2. Indicate on the figure below by means of circles where you feel pain on your body. Indicates the most painful place with an $X$.
3. Please rate your pain by circling the one number that best describes your pain at its worst in the last 24 hours.

| 0 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No pain imagine | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

4. Please rate your pain by circling the one number that best describes your pain at its least in the last 24 hours.

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No pain imagine |  |  |  |  |  |  |  |  | As bad as you can imagine |  |

5. Please rate your pain by circling the one number that best describes your pain on the average.

| No pain imagine | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| As bad as you can imagine |  |  |  |  |  |  |  |  |  |

6. Please rate your pain by circling the one number that tells how much pain you have right now.

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No pain imagine |  |  |  |  |  |  |  |  |  |  |

7. Circle/mark the one number that describes how, during the past 24 hours, FATIQUE has interfered your:

PAIN

- General activity

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Does not interfere |  |  |  |  |  |  |  |  |  |  |
| Completely interferes |  |  |  |  |  |  |  |  |  |  |

- Mood

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 <br> Does not interfere |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |

- Walkin ability

Does not interfere
$3 \quad 4 \quad 5$
6
7
8
9
Completely interferes

- Normal work (includes both the home and daily chores)

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 <br> Does not interfere |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |
| Completely interferes |  |  |  |  |  |  |  |  |  |  |

- Rations with other people

| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 <br> Completely interferes |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Does not interfere |  |  |  |  |  |  |  |  |  |  |

- Enjoy of life

Does not interfere
3
5
6
8
10
Completely interferes

