

Artisan Spirit **Ambience**

by Deborah Edwards



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B **Super Simple STRIP-R Runner**
15" x 43"
by Patti Carey



**NO SEW
CIRCLES**

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Super Simple STRIP-R Runner

By Patti Carey

Yes, you can make a quilt with just one fabric when that fabric is a STRIP-R by Northcott. The samples shown feature Artisan Spirit – Ambience in 6 exciting colors. Choose your favorite and make one today.

Finished Size: 15" x 42"

Skill level: Easy

Fabric Requirements	Yards	Cutting Instructions
#20707 STRIP-R fabric	¾yd	See below.
#20710 dark texture	¼yd	◊ Cut 3 strips 2" x width of fabric; join end-to-end and press in half for binding.
#20708 No-Sew Circle fabric	1½yds	◊ Cut into 2 equal lengths and join selvage-to-selvage.
Batting	A piece 18" x 45"	

All seams are ¼" unless noted.

1. Your STRIP-R fabric has a dark strip on one selvage and a light strip on the other selvage. Prepare the STRIP-R fabric by trimming a scant ¼" beyond the outer edge of each selvage strip.
2. Lay the piece of STRIP-R fabric on your work table, right side up, with the strips running horizontally. Bring the bottom edge (last strip) up and align it with the top edge (first strip). Let it fall where it will – don't pull it left or right to align it with the sides of the top strip, as this will cause the STRIP-R tube to skew. You can tell if you have skewed it if there are diagonal "bumps" in the fabric. Make sure it is lying perfectly flat on the table. Pin the top edges together and sew along this seam to create a tube. Press the seam to one side and turn the tube right side out.
3. Lay the tube on your cutting mat, with the top fold aligned along a horizontal line on your mat. Using the vertical lines on your mat as a guide, trim the left end of the tube to even up the edge.
4. We will now build the quilt by cross-cutting the tube into rings of various widths as indicated by the second row of numbers in the chart below, and opening each ring at the required spot (3rd row in the chart). Label each ring as you cut it. Note: the dark fabric is Fabric #1 and the 2nd darkest is Fabric #2. Lay the ring next to the previous opened ring after you cut it open. Can you see the bargello pattern forming in front of you?

Tip: I use masking tape, green painter's tape or simply some mailing labels cut into small pieces to label each ring.

Ring Number	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
Cut to this width	1½	1¼	1	¾	1	1¼	1½	2	2½	2	1½	1¼	1	¾	1	1¼	1½
Cut open at top of fabric #	2	3	4	5	4	3	2	1	7	6	5	4	3	2	3	4	5

Note: The shaded areas of the charts indicate where the bargello slopes DOWN. The white areas indicate where it slopes UP.

5. Sew opened ring #2 to opened ring #1, aligning them at top and bottom edges, and also aligning stripes on the rings but having the matching fabric in ring #2 one position higher than it is in ring #1. Press seam toward ring #2.
6. Add opened ring #3 to opened ring #2 in the same way, keeping top and bottom edges aligned.
7. Continue, adding the balance of the opened rings to build the quilt, pressing seam toward the ring that was just added.

Finishing:

Layer the prepared backing, batting and quilt top. Baste and quilt as desired. Sew the prepared binding to the edges, turn and stitch in place. Enjoy your new quilt!