Hand Stitched Felt NEEDLE BOOK TUTORIAL

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Intro//



This needle book is a great companion for your projects on the go. I like to use mine to hold my embroidery scissors, a few cards of embroidery floss, loose floss and threads, pins, needles, thimbles, and a small embroidery hoop. It finishes at 5" x 6" so it will fit nicely in a small bag or purse. This needle book can be made completely by hand stitching without a machine.

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Hand Stitched NEEDLE BOOK









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Supply List//

Supplies

- 1 10" x 9" pieces of felt (for the outside)
- 2 9" x 6" pieces of felt (for the inside)
- 1 4" x 4" piece of felt in contrasting color (for flower shape)
- 1 4" x 4" piece of felt in contrasting color (for inner round of flower)
- 1 scrap piece of felt in contrasting color (for leaves)
- 1 10.5" x 12" piece of fabric (for inside)
- 2 skien's of coordinating embroidery floss (for appliqué embroidery)
- 1 skien of coordinating Pearl Cotton #5 (for blanket stitch)
- 1 3/4" Button
- 1 Embroidery Needle

some basic thread (for basic stitching not visible)

Tools

sewing pins scissors ruler marking pen

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Flower Applique//







step one

Lay your 10" W x 9" H (outer piece) of felt flat. Using a ruler fold the bottom up 3" and pin in place. This should leave you with 6" for the height.

step two

Fold in half, and place a pin in the fold. With a ruler find the center of the front at 2.5" and place a pin there.

step three

Take out the pin on the inside of your felt, leaving the two pins on the front. Now unfold your piece and lay flat. You will use the pins as a guide to where you will place your appliqué shapes.







step four

Cut out your chosen templates from the included template sheets. Take a 4" x 4" square of felt for your flower appliqué and trace the template with a water-soluble pen. (be sure to test your pen on your felt before you use it.)

step five

Cut all your template shapes out. Layout your applique pieces on the front of your felt, where you have pinned. Move around until you have the exact placement you want.

step six

Begin with the appliqué piece that will be on the bottom and work in layers. In this case we will be starting with the first leaf. Find the proper placement and back stitch your leaf in the center with 6 strands of matching embroidery floss. (*note tie off all knots in the back of your felt as it will be covered with fabric later)







step seven

Layout your appliqué again before moving on to the next leaf just to be sure you like the placement.

step eight

Back stitch the second leaf into place.

step nine

Pin your flower piece in place. You will now stitch 1/8" from the edge of the flower with a running stitch. I used 6 strands of matching embroidery floss.







step ten

Take your round center piece and sew your medium button to the center.

step eleven

Pin your center piece to the center of your flower. Blanket stitch around the circle, about 1/8" inward.

step twelve

We will now fill each flower petal with different length straight stitches starting from the center out. Each petal should have 5 stitches.



Needle Book Assembly//







step thirteen

This should complete your flower appliqué.

step one

Take your 10.5" W x 12"H print fabric and fold in half right sides together. It should now be 10.5" W x 6" H.

step two

With a ruler measure 1/4" from each edge and mark with a water soluble pen. Take your basic thread and using a running stitch, stitch along each 1/4" line."

*Note- You could stitch this on your machine real quick if you wan't I promise it's not cheating :)







step three

Lay your outer piece of felt so that your applique is facedown on the table, on the left side. Flip your print right side out and poke out the corners. It should now be 10"W x 6"H. Position the print on your outer felt with the tops aligned, and pin.

step four

Before we begin to stitch up our sides, we will create a tie for our scissors. Place you scissors on the left panel and with a marking pen, mark where you will want the tie to be.

step five

Take one piece of Pearl Cotton and pull through your print fabric on your mark.







step six

Tie a knot to secure the pearl cotton in place.

step seven

Fold up the bottom of your felt 3" and pin in place. Your needlbook will now be 10"W x 6"H.

step eight

Lay your needle book with the applique facing up on the right hand side. With a ruler measure 1/4" from the edges and mark with a pen. This will be your guide line for your blanket stitch. If you are a pro at eye balling your stitches than you can skip this step. If you want your stitches to be less apparent you could do 1/8" instead.







step nine

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Flip your needle book back over so the side with the print and fold is facing up. Start in the bottom corner with the fold, so that your knot and thread tail is hidden under the folded flap.

step ten

You will now begin your blanket stitch.

step eleven

When you reach a corner use your 1/4" mark as a guide and stitch at a 90 degree angle.



step twelve

Continue the blanket stitch all the way around the left, top, and right sides. You could also stitch the bottom for an all around blanket stitch. When you reach your final corner pull your needle through to the inside pocket.



step thirteen

Flip your pocket inside out and tie a knot.



step fourteen

Lay your needle book open flat. Now we will make the scissors a snug pocket. Tie your scissors into place and measure the width of space you will need for a pocket. Approx. 1" and mark.



step fifteen

With a running stitch and pearl cotton follow your marking. Be sure to stitch through the felt and print fabric only, you do not want to see these stiches from the front side of your needlebook.





step sixteen

Lay your needle book flat with print facing up. With a ruler find the center of your needle book at 5" and mark with a pen.

step seventeen

With your needle book print side up. Take your two 9"W x 6"H pieces of felt for the inner and lay them center over your needle book. Pin in place directly in the center using you line as a guide.

*These pieces of inner felt I am going to refer to as the needle book "Pages"







step eightteen

With a running stitch and pearl cotton. Stitch down the center of your 4 layers (the "pages" and the print and outer felt). As you are stitching be sure to check the other side of your running stich which will be visible on the applique outer side of your book, to make sure your stiches look even.

step nineteen

Lay your needle book open, "pages" up. Turn your "pages" to the right of your needlebook just as if you opened a book to the front inside cover to start reading. We will now be making the pockets for your embroidery floss cards.

step twenty

Take the first inner felt "page" and fold it towards the inward spine to the left 1 1/2". Now we will divide the 6"H x 1 1/2" W pocket in 3 segments. Take your ruler and place a pin 2" intervals. This will divide the pocket into 3 segments.







step twenty-one

Turn felt "page" number 1 to your left and take felt "page" number 2 and fold it inward toward the spine, but this time to the right 1 1/2". Also divide the pocket into 2" intervals and pin.

step twenty-two

Take "page" 1 and "page 2" and pin them together. With a running stitch and pearl cotton stitch the top and bottom of the "pages" together creating a pocket between the two "pages".

step twenty-three

When doing this you will be going through all the layers of "page" 1 and 2.







step twenty-four

You will now have a pocket between "page" 1 and "page" 2.

step twenty-five

We will need to define the 6 compartments for the embroidery floss cards. With a running stitch, stitch along the pins you placed on each "page". Make sure to only stitch through one "page" keeping your large pocket still intact.

step twenty-six

You should now have 3 compartments on each side of the large pocket for your embroidery floss cards.







step twenty-seven

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We will now add a tie to each side of the pocket, so that the pocket can be tied shut. With a piece of Pearl cotton stitch through one side of the pocket. Tie the single strand into a knot. Repeat on the other side of the pocket.

step twenty-eight

We will now add a tie to the right side of our needle book, which will be used as a closure to wrap around our front button. With a piece of pearl cotton stitch through your right back cover aligned with your front button and pull the pearl cotton through. Tie it in a knot to secure the strand to the needlebook.

step twenty-nine

Add another knot at the end of your two strands of pearl cotton to keep them together.

Your Needle Book is complete!

Templates//

I have included 8 - 4"x4" templates for you to play with. Some of these would work really well with different layers of felt. For example for the owl I would use 4 different colors of felt.

When printing your templates be sure that your printer is set to print at 100% with no scaling. The 1" box below should meaure exactly 1" after you have printed.

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A Modern Quilting Blog by Alyssa Lichner

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