



## **ELEMENT FITNESS**

### **LCE-5000 Elliptical**

#### **LIGHT COMMERCIAL ELLIPTICAL CROSS TRAINER**

Assembled Dimensions: 69.3" L x 32.3" W x 63" H /  
176cm Long x 82cm Wide x 160cm High

Ergonomically correct pedal position provides the ultimate natural motion

Features a 20" stride

20 resistance levels

Includes a variety of both pre-set and heart rate control programs

#### **HANDLEBARS**

The large ergonomic handles features two position options, with heart rate contact sensors on front handlebars.

#### **PEDALS**

The large pedals feature a grippy texture and are ergonomically correct in position which provides the ultimate natural motion.

#### **WHEELS**

The transportation wheels allows users to easily and safely move the unit.

#### **BRAKE**

The incorporated self-generating brake system allows user to "free-wheel". This means when the user stops exercising the pedals stop with them.

#### **CONSOLE FEEDBACK**

Speed, Time, Watts, Calories, RPM, Distance, Heart Rate Resistance Level

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