

# You Pick! Popcorn Mix

Follow the equation below to create your own popcorn mix.

1 cup popcorn



+

$\frac{1}{3}$  cup nuts  
or seeds



peanuts



sunflower  
seeds



pumpkin  
seeds



almonds

+

$\frac{1}{3}$  cup  
dried fruit



cranberries



banana  
chips



raisins

+

$\frac{1}{3}$  cup healthy  
sweets



dark  
chocolate  
chips



coconut  
flakes

+

seasoning



1 Tbsp  
melted  
butter



$\frac{1}{2}$  tsp salt



1 tsp  
cinnamon  
sugar mix

Stir together your chosen ingredients in a bowl. TASTE & SHARE!