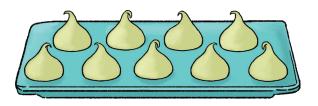
Matcha Meringues

Prepare sweet Italian meringue cookies flavored with matcha, a Japanese green tea powder.



Yield: 2 dozen

Ingredients



2 eggs



1/4 tsp vanilla



pinch of kosher salt



pinch of cream of tartar



2 tsp matcha powder



8 Tbsp sugar

Tools



baking sheet



parchment paper



large bowl



measuring spoons



electric mixer large plastic bag





scissors



Steps

Before you begin: Preheat oven to 200°F. Line baking sheet with parchment paper. For successful meringues, ensure mixing bowls are very clean.



Carefully, separate eggs. Add egg whites to large bowl. (Tip: Make sure no yolk is present!) Set yolks aside for another use.



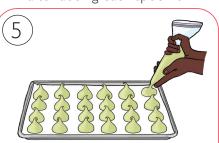
Add vanilla, salt, cream of tartar, and matcha powder to egg whites.



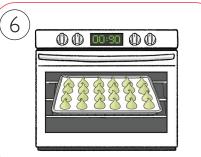
Beat on medium speed until foamy, about 2 minutes. Gradually add sugar, I Tbsp at a time. Wait 30 seconds after adding each spoonful.



Beat until stiff peaks form. The egg whites will hold their shape and form a point like a mountain.



Add mixture to large plastic bag. Snip a small hole in the corner and pipe 1 ½-inch rounds onto baking sheets.



Bake 1 ½ hours, until outsides are firm and dry. Cool 10 minutes.

TASTE & SHARE!