

Shopping List

You'll need kosher salt, pepper, and cooking oil. Visit [RaddishKids.com/Mods](https://www.raddishkids.com/mods) for dietary modifications.

Chicken Satay Skewers

Yield: 12-16 skewers



- 2 cloves garlic
- 1-inch piece fresh ginger
- 1 Tbsp rice vinegar
- 3 Tbsp soy sauce
- 1 tsp ground turmeric*
- ¼ cup brown sugar
- ⅓ cup creamy peanut or sunflower seed butter
- 1 ½ lbs chicken tenders
- skewers

*Turmeric can be found in the spice section of most grocery stores.

Pad Thai Noodles

Yield: 4-6 servings



- 2 cloves garlic
- 2 limes
- 1 cup shredded carrots
- small bunch cilantro
- 1 cup bean sprouts
- 4 green onions
- 8 oz flat rice noodles
- ⅓ cup soy sauce
- ⅓ cup brown sugar
- ½ cup chopped peanuts (optional)
- 3 eggs

Mango Sticky Rice

Yield: 4-6 servings



- 1 cup sushi rice, such as Calrose
- 1 (13.5 oz) can full-fat coconut milk
- ⅓ cup sugar
- 2 ripe mangoes

Thai Fruit Carving Activity:

- 1 apple
- 1 lemon
- toothpicks



Plan Ahead!

Schedule different days to cook each recipe (recommended). If pairing recipes for a single meal, set aside plenty of prep, cook, and clean-up time!