## Dietary Modifications for:

## Butternut Squash Mac and Cheese


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|  | Diet | Ingredient | Swap |
| :---: | :---: | :---: | :---: |
| Gluten-Free |  |  | Use gluten-free pasta, such as Simply Balanced or Bionaturae. <br> Use gluten-free flour, such as Bob's Red Mill. |
|  |  |  | Use dairy-free cheddar cheese, such as Daiya or Follow Your Heart. Alternatively, replace cheese with 1/4 cup nutritional yeast. <br> Use dairy-free milk, such as almond, cashew, soy, or rice. <br> Use dairy-free butter, such as Earth Balance. |
|  | Egg-Free |  | No modifications needed. |
|  | Vegetarian |  | No modifications needed. |

