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## Everyday Fun from FamilyFun

By Amanda Kingloff

# Cooking and Crafting with Kids Made Easy!

March 20, 2014 at 9:46 am , by [Amanda Kingloff](#)

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My son is obsessed with cooking. Whether it's dropping a piece of bread in the toaster, dumping the noodles into the hot water, or making cookies from scratch, he drags his chair over to the kitchen counter so he can lend a helping hand. (I only wish that his enthusiasm for cooking matched his enthusiasm for eating, but that's another story.) He's always saying, "Mommy we need to read the constructions," (meaning instructions or recipe, of course), and I've always craved a more visual guide that would allow him to follow along and even tell ME what to do next!

Well, enter [Raddish](#)...a new subscription services that delivers an awesome box of cooking (and crafting) goodies to your doorstep each month. Here's what you get:



- 3 family friendly recipe guides (They are slick and wipeable...no more spills on the iPad or bleeding ink on a computer print-out! The illustrations are adorable and easy to follow.)
- 2 creative family activities (They give you everything you need for the crafts!)
- A grocery list (thank goodness...someone to do it for you!)
- A skill card that teaches kids (and parents) culinary techniques
- An adorable Raddish patch to be ironed on to the Raddish apron
- Table talk cards to ensure fun dinner table conversation



Here's the thing: children who explore in the kitchen are much more likely to become adventurous eaters (yes, please). Tasks as simple as washing and peeling veggies can empower kids and get them excited to eat wholesome foods. Plus, countless studies prove that families who eat meals together raise healthier, safer, and more successful children. No brainer, right?

Raddish is designed by teachers who believe the kitchen classroom is the tastiest place to learn. Each box incorporates math, science, nutrition, geography, culture, and history. Raddish provides culinary instruction that cultivates a diverse palate, increases self-confidence, and helps build a solid foundation for a healthy future.

(That's my little Oliver, wearing his Raddish apron proudly, rollin' out his pizza dough!)

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