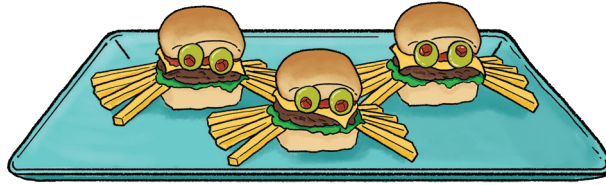








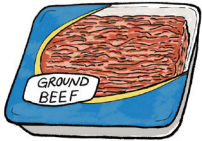


Dietary Modifications for:

Spider Sliders



rad^odish

Diet		Ingredient	Swap
 Gluten-Free		 	<p>Use gluten-free bread crumbs, such as Glutino or Simply Balanced.</p> <p>Use gluten-free hamburger buns, such as Udi's or Canyon Bakehouse.</p> <p>In step 10, cut meat into 9 patties (instead of 12) to fit larger size buns.</p>
 Vegan	 Dairy-Free		<p>Use dairy-free cheddar cheese slices, such as Daiya or Follow Your Heart.</p>
	 Egg-Free		<p><i>No modifications necessary.</i></p>
	 Vegetarian		<p>Replace with 3 cans of black beans. Drain beans and mash with a masher or fork.</p> <p>Increase the quantity of bread crumbs used to ½ cup. Skip Step 8.</p>