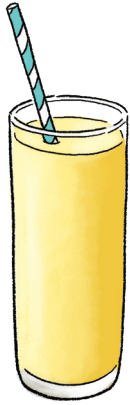


Mango Lassi

Blend yogurt and fruit to make a traditional Indian drink!



Indian Lassi

A lassi is a yogurt-based drink. It can be sweet or savory and is often served after a spicy meal to cool the mouth.

Ingredients:



1 ½ cups frozen mango chunks



½ cup plain yogurt



1 ½ cups milk



2 Tbsp sugar

Steps:

1



Add mango chunks to blender.

2



Add yogurt and milk to blender.

3



Add sugar to blender.

4



Blend until smooth.
TASTE & SHARE!