

Grocery Store Scavenger Hunt

Squash and root vegetables that are harvested in the fall can be stored for many weeks or months.

Search your local grocery store for these vegetables below.



Squash



pumpkin



butternut squash



acorn squash



delicata squash



spaghetti squash



kabocha squash

Root Vegetables

sweet potato



beet



parsnip



russet potato



red potato



carrot



Food for Thought: Examine the texture and skin of these fall vegetables. How do they differ from spring asparagus and summer tomatoes? What makes them better for storage?