## Dietary Modifications for:

## **Granola Cup Parfaits**





Diet		Ingredient	Swap
Gluten-Free			No modifications needed.
Vegan	Dairy-Free	Yogurt	Use non-dairy vanilla yogurt, such as Kite Hill, So Delicious, or Follow Your Heart.
	Egg-Free		No modifications needed.
	Vegan		Replace with pure maple syrup. We do not recommend agave as a substitution.