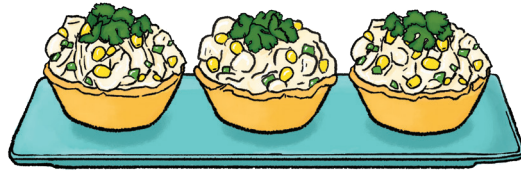









Dietary Modifications for:

Mini Tamale Pies



rad^odish

Diet		Ingredient	Swap
 Gluten-Free			No modifications needed.
 Vegan	 Dairy-Free		Use dairy-free mozzarella cheese, such as Daiya , Follow Your Heart , or Violife .
	 Egg-Free		No modifications needed.
	 Vegetarian		<p>Replace with 1 lb plain (unseasoned) jackfruit, such as Upton's, Native Harvest, or Trader Joe's. Alternatively, use a meat substitute such as seitan.</p> <p>Use vegetable broth. In Step 9, reduce quantity used to ¼ cup.</p>