

Shopping List

Tater Tots



- 2 large russet potatoes (1 ½ lbs)
- 1 Tbsp cornstarch
- ¼ tsp onion powder
- ¼ tsp garlic powder
- ketchup (for serving)

Sloppy Joes



- ½ onion
- 1 green bell pepper
- 2 cloves garlic
- 1 lb ground beef
- 1 tsp cumin
- 1 Tbsp Worcestershire sauce
- 1 (15 oz) can tomato sauce
- 5 tsp brown sugar
- 4 hamburger buns

Chocolate Pudding



- 2 eggs
- 2 Tbsp cornstarch
- ½ cup heavy cream
- 3 Tbsp cocoa powder
- ⅓ cup sugar
- 2 cups whole milk
- 2 tsp vanilla
- 2 Tbsp butter
- ½ cup chocolate chips



Bonus Recipe: Super Kale Salad:

- 1 lemon
- ¼ tsp garlic powder
- 1 large bunch kale
- ¼ cup breadcrumbs
- ¼ cup parmesan cheese

From Your Pantry: You'll also need cooking oil, salt, and pepper.

Visit raddishkids.com for dietary substitutions.