

New Year's Foodie Traditions

Celebrate the new year with three traditions from around the world!

Spain



Eat twelve grapes

In Spain, people eat one grape during each stroke of midnight. It's bad luck if you can't eat all twelve! Sour grapes predict bad fortune for the coming year, while sweet grapes predict good fortune.

El Salvador



Crack an egg

In El Salvador, some people crack a raw egg into a glass of water right before midnight. The following morning, you decide what your yolk resembles. The answer represents what the new year will bring!

Turkey



Smash a pomegranate

Turkish people smash pomegranates on the ground for the new year. The more pieces it breaks into, the more good luck you'll have in the new year. The juicy, red seeds symbolize abundance and wealth.