

Blueberry Muffins

Bake muffins bursting with blueberry flavor!

Yield: 12 muffins



Ingredients:



2 1/3 cups flour



1 tsp baking soda



2 tsp baking powder



1/2 tsp salt



1 egg



1/2 cup vegetable oil



1 cup plain yogurt



1 cup sugar



1 cup blueberries

Steps:

Before You Begin: Preheat oven to 375F and line a 12-cup muffin tin with paper liners.

1



Whisk flour, baking soda, baking powder, and salt in medium bowl.

2



Crack egg in large bowl. Whisk in oil, yogurt, and sugar.

3



Add dry ingredients and blueberries. Stir until just combined.

4



Fill muffin cups to the top with batter. Bake 20-25 min, until a toothpick inserted comes out clean.