Dietary Modifications for:

Baked Mac & Cheese



Diet		Ingredient	Swap
		Constanti Saudi Constanti	Use gluten-free cavatappi, such as <u>Banza</u> , or another gluten-free pasta shape.
Gluten-Free		FLOUR	Use gluten-free flour, such as <u>Bob's Red Mill 1:1 Baking</u> <u>Flour</u> .
		PANKO DECAS GRAME	Use gluten-free panko, such as <u>lan's</u> or <u>Kikkoman</u> .
(b)		White Oxidian Greas	Use dairy-free shredded or block cheddar, such as <u>Violife</u> or <u>Daiya</u> .
Vegan	Dairy-Free	Monterey Jack Encese	Use dairy-free block jack cheese, such as <u>Daiya</u> , or dairy-free shredded mozzarella, such as <u>Follow Your</u> <u>Heart</u> or <u>Violife</u> .
		Guyere Cheese	Replace with dairy-free Parmesan cheese, such as <u>Violife</u> or <u>Follow Your Heart</u> . Alternatively, make your own <u>Vegan Parmesan</u> !
			Use dairy-free butter, such as <u>Earth Balance</u> or <u>Melt</u> .
		WHOLE MILK	Use dairy-free milk, such as cashew (recommended), almond, soy, or pea protein.
		Remesent J	Use dairy-free Parmesan, such as <u>Go! Veggie</u> or <u>Follow</u> <u>Your Heart</u> . Alternatively, make your own <u>Vegan Parmesan</u> !