Thanksgiving Twists

Prepare twisted breadsticks sprinkled with cheese and herbs.



Yield: 20-24 twists

Ingredients



I sheet puff pastry, defrosted

l egg



½ cup grated Parmesan cheese



1/8 tsp garlic powder



½ tsp dried crushed rosemary



½ tsp dried thyme



½ tsp dried sage

Tools



2 baking sheets



parchment paper



small bowl



whisk



cutting board



pastry dry measuring brush cups



measuring spoons



pizza cutter or knife

Steps

Before you begin: Preheat oven to 375°F. Line 2 baking sheets with parchment paper. Defrost puff pastry according to package directions.



Crack egg into small bowl.

Throw away shells and wash your hands. Whisk until smooth.



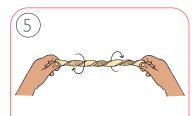
Set puff pastry on lightly floured cutting board. Use a pastry brush to lightly coat with egg.



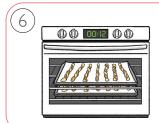
Sprinkle with Parmesan, garlic powder, rosemary, thyme, and sage. Press lightly with hands to help stick.



 Use a pizza cutter or knife – to slice puff pastry into ½-inch wide strips.



Twist ends of a strip in opposite directions, creating a spiral. Set on baking sheets. Repeat.



 Bake 12-16 minutes, until puffed and golden brown. TASTE & SHARE!