

# Shamrock Smoothie

## Ingredients



1 ripe avocado



1 banana



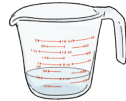
1 cup  
vanilla yogurt



1 Tbsp sugar



1 tsp vanilla



½ cup water



2 cups  
ice



1 cup packed  
spinach



5-10 small  
mint leaves



## Steps

- 1 Carefully cut avocado in half and remove pit. Use a spoon to scoop avocado flesh into blender.
- 2 Peel banana and add to blender.
- 3 Add yogurt, sugar, vanilla, and water to blender. Blend until smooth.
- 4 Add ice, spinach, and mint leaves to blender.
- 5 Blend until smooth. TASTE & SHARE!