

PB & Banana Overnight Oatmeal

Stir together oatmeal at night. Enjoy a quick, delicious breakfast the next day!



Yield: 2 servings

Ingredients



½ cup milk



½ cup plain
Greek yogurt



1 Tbsp
peanut butter



¾ cup
rolled oats



2 tsp
maple syrup



pinch ground
cinnamon



1 ripe
banana

Tools



medium
bowl



liquid
measuring cup



dry
measuring cups



measuring
spoons



mixing spoon



2 (8 oz) jars



cutting board



butter knife

Steps

1



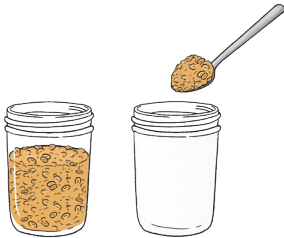
Add milk, Greek yogurt, and peanut butter to medium bowl. Stir.

2



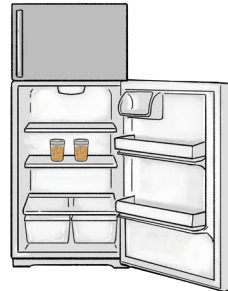
Add oats, maple syrup, and cinnamon. Stir until combined.

3



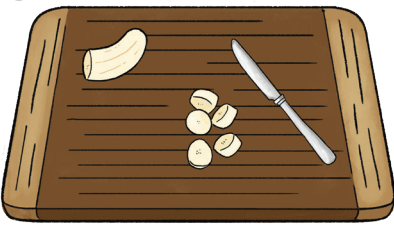
Divide oat mixture evenly between two jars.

4



Cover jars and refrigerate overnight.

5



Peel banana. Slice into rounds.

6



Top oatmeal with sliced banana.
TASTE & SHARE!