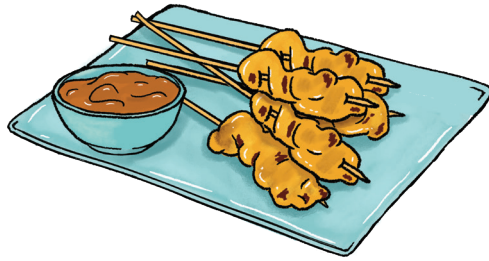






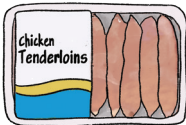


# Dietary Modifications for:

## Chicken Satay Skewers



rad<sup>o</sup>dish

Diet		Ingredient	Swap
 <b>Gluten-Free</b>			Use gluten-free soy sauce or tamari.
 <b>Vegan</b>	 <b>Dairy-Free</b>		<i>No modifications needed.</i>
	 <b>Egg-Free</b>		<i>No modifications needed.</i>
	 <b>Vegetarian</b>		Replace with one 16 oz block of extra-firm tofu, cut lengthwise into about ten strips or use one 8 oz package of traditional seitan.