## "Choose Your Color" Rainbow Smoothie

Take a simple smoothie base and turn it any color of the rainbow!

Ingredients:


I banana

$1 / 2$ cup yogurt

$1 / 2$ cup milk


I cup ice

| Tbsp honey


I cup of colorful fruit or veggies (see Step 2 below)

## Steps:


and honey to blender.

ingredient to blender and blend until smooth. TASTE \& SHARE!

