

Chocolate Banana Overnight Oatmeal

Throw this oatmeal together in the evening so you can start your morning with a tasty, ready-to-go breakfast!

Ingredients:



1 banana



2 cups
rolled oats



1 ½ cups
milk



½ cup
plain yogurt



1 Tbsp
cocoa powder



2 Tbsp
honey

Steps:

1



Mash banana in a small
bowl with a fork.

2



Combine banana, oats, milk, yogurt,
cocoa powder, and honey in a jar.
Cover and shake to combine.

3



Let sit in fridge overnight. Serve
cold in the morning, topped with
chocolate chips. TASTE & SHARE!