Grocery Store Scavenger Hunt

Shop in an eco-friendly way. Go "green" at the grocery store!

Use the below guide to make environmentally friendly decisions while you shop.

Eco-Friendly Grocer Guide



Bring Your Own Bag

Where: At Checkout Why: Paper and plastic bags often end up in landfills. Avoid producing waste by recycling your own bag.



Buy Seasonal and Local

Where: Produce and Bakery Departments Why: Local products save energy and fuel. These goods do not have to travel as far as other products.



Choose Less Packaging

Where: Dry Good Aisles
Why: Excess packaging produces waste.
Fresh, whole foods are good for our
bodies and environment!



Buy in Bulk

Where: Bulk Bin Area (rice, nuts, etc)
Why: Buying food in larger quantities
means less packaging and energy waste.

