



FamilyFED.com

# Sculpt a Memory

This *frozen* twist on charades will have your family rolling with laughter—and capturing your family’s story at the same time!

## How to Play

1. Each player picks a memory that all players share or know about. (Use the category helps for ideas.)
2. One person “sculpts” that memory by striking a single pose while other players take 15 to seconds to guess the memory. As with charades, the player who is sculpting cannot talk or make noise.
3. If nobody guesses correctly, the player sculpts a second pose from the memory, while players take another 15 seconds to guess.
4. If still nobody guesses, the player gives a hint about the memory (usually the category type) and then sculpts a third pose.
5. Whoever guesses the memory first gets to be up next or choose the next player to sculpt their memory.



## Adaptation

Turn your game into an easy way to record your family’s stories! After each memory is guessed, pull out your phone, start a video with your camera, and ask, “Why is that memory important to you?” You’ll have incredible memories recorded for your family!

## Easy Games

### SCULPT A POSE:

- Round 1: pose 1  
>> 15 seconds
- Round 2: pose 2  
>> 15 seconds
- Round 3: pose 3 with a hint  
>> 15 seconds

## Quick Info

Players: 3+

Ages: 5+

Prep time: 1 min.

Playing time: 15+ min./game

Supplies:

- No supplies needed!

“Why is that memory important to you?”

**Conversation Starter:** Do you have hidden memories that haven’t been recorded? Think of one favorite memory and share it in a video, audio recording, or journal this week.

# Sculpt a Memory

## Category Prompts

- Vacation experiences
- Everyday play
- Performances or competitions
- Funny moments
- Holiday traditions
- Parties or celebrations
- Special gifts
- Milestones
- Daily routines
- Moments of growth
- Legendary family stories
- Favorite things to do