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Arts & Crafts

Milk Art

You may have enjoyed the science experiment that mixes milk, food coloring, and dish soap, but have you ever turned it into *art*?



How to Play

1. Fill a small tray with whole milk. Put a little dish soap in a small bowl.
2. Add drops of food coloring onto the milk.
3. Dip a toothpick into the dish soap and touch it to your food coloring.
4. Continue “drawing” with the soap to create your art.
5. Lightly place a watercolor paper on top. Remove; dry.



Quick Info

Players: 1+

Ages: 4+ (with supervision)

Prep time: 5–10 min.

Playing time: 15+ min.

Supplies:

- Small trays
- Whole milk
- Liquid dish soap
- Food coloring
- Toothpicks
- Watercolor paper
- Cookie sheet or glass pan

Adaptations



1. Photograph the art in the tray instead of transferring it to paper for a bolder, sharper image.



2. Use painter's tape on the watercolor paper to mask off sections that you don't want colored.

Tips

- The art will have a soft look when transferred to the paper (see the papers in the top-right image compared with the in-tray image in adaptation #1).
- While the paper dries, lift it regularly to prevent it from sticking to the glass pan or cookie sheet.
- The art never went moldy or smelly for us, even after many weeks.

Conversation starter: Not everything seems like it would come together to create a masterpiece. But you may be surprised at how well different matters blend. It's the same with people; you may not think some people could become good friends, but when you get to know them, you might find a wonderful connection. What friendships are waiting for you, and how can you build them?